Medical Terminology

lesson 4: THE CIRCULATORY SYSTEM TERMS

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Quiz

- Displacement of a bone from a joint is called a. dislocation. c. sprain.
 b. fracture. d. strain.
- Surgical repair of the skull is called a. cephaloplasty.
 c. cranioplasty.
 b. cephalotomy.
 d. craniotomy.
- Inflammation of a joint is
- a. arthritis. c. osteoarthritis.
- b. chondritis. d. osteochondritis.

The term that means pertaining to a rib and a vertebra is a. costal. c. spondylocostal.

b. costovertebral. d. sternocostal.

Cardiovascular System

- The circulatory system is made up of the cardiovascular system and the lymphatic system.
- This body system functions to maintain *homeostasis* by:

>>Transporting oxygen, nutrients, vitamins, antibodies, and other substances.
>>Taking away waste and carbon dioxide

Structures of the Cardiovascular

System

 The cardiovascular (cardio + vascul + ar) system consists of the heart and the blood vessels

Heart

- The heart is an organ in the chest that pumps blood through the veins and arteries. It has four chambers:
 >Right and left *atria* (plural for *atrium*)
 >Right and left *ventricles* Atrial and ventricular refer to the atrium and ventricle, respectively.
- Atrio + ventricular (AV) valves are found between the atria and the ventricles.
- These values are made up of *cuspids* (small flaps that make up the AV values).

tricuspid	tri (three) + cuspid	valve on the right side of the heart
bicuspid	bi (two) + cuspid	valve on the left side of the heart,
		otherwise known as mitral valve

Heart

 Semilunar valves regulate the flow of blood to and from the lungs:

>> *Pulmonic* valve: controls the flow of blood to the lungs

» Aortic valve: controls the flow of blood into the aorta The pericardium (peri + card + ium) is a double membrane that surrounds the heart and the great vessels. The heart wall is made up of several layers: » Epicardium: outer layer » Myocardium: muscular middle layer » Endocardium: inner layer

Blood Vessels

The circulatory system is made up of five types of blood vessels that transport blood through out the entire body:

Arteries: carry oxygenated blood from the heart to the different body parts Arterioles: small blood vessels that connect the arteries to the capillaries

Capillaries: smallest blood vessels where oxygenation and nutrients occur Venules: small blood vessels that connect the capillaries to the veins Veins: carry deoxygenated blood from the different parts of the body to the heart

- NOte that the *pulmonary artery* is the only artery that carries deoxygenated blood and the *pulmonary vein* is the only vein that carries oxygenated blood.
- The coronary arteries carry oxygenated and nutrient-filled blood to the myocardium (heart muscle).

Combining Form	Meaning	Word Association
angi/o, vas/o, vascul/o	vessel	An angiogram is a radiologic test that views blood flow within the veins or arteries.
aort/o	aorta	An aortogram is an invasive procedure in which a catheter is placed in the aorta and a contrast material is injected.
arter/o, arteri/o	artery	Arteriosclerosis refers to the thickening, harden- ing, and loss of elasticity of the arterial walls.
arteriol/o	arteriole	Arteriolopathy refers to any disease of the arterioles.
ather/o	yellow, fatty plaque	The build-up of plaque in the arterial walls is known as atherosclerosis.
phleb/o, ven/o	vein	Phlebitis or venitis is the inflammation of the veins.
venul/o	venule	Venulitis is inflammation of the venules.

Diseases, Disorders, and Diagnostic Terms

- Cardiomyopathy is the general diagnostic term used to identify a disease of the heart muscle.
- The following are examples of cardiomyopathy.
- Note the meaning of the suffix-itis.

>>Myocarditis: inflammation of the myocardium
(heart muscle)

>> Endocarditis: inflammation of the -

endocardium

>>Pericarditis: inflammation of the pericardium

 There are several tests used to diagnose cardiac problems. Some of the most common tests include:

Selectrocardiogram electr/o + cardi/o + -gram
→measures the electrical activity of the heart
→electrocardiography: a noninvasive procedure used to record electrical activity of the heart
→electrocardiograph: record of the heart's electrical activity

>> **Echocardiogram** echo + cardi/o + -gram

→ record of the heart's sonogram
→echocardiography: the use of sound waves to produce live images of the heart

→Positron emission tomography

>> is useful in examining the flow of blood in the heart and blood vessels >> a radioactive element is used

>> a procedure in which a *catheter* is moved through a blood vessel to the heart to diagnose heart disorders

Activity

- a Angina pectoris

 a Arrhythmia
 a Cardiomegaly
 a Congenital heart defects
 a Congestive heart failure
 a Coronary artery disease
 a Coronary heart disease
 a Fibrillation
- aa Heart murmur aa Hyperlipidemia aa Hypertension aa Infarction aa Myocardial ischemia aa Septal defect aa Shock

 The distribution of blood to the various parts of the body is influenced by the diameter of the blood vessels:

>> Vasoconstriction: decrease in the diameter of a blood vessel

 \rightarrow vaso + constriction

> Vasodilation: increase in the diameter of a blood vessel

 \rightarrow vaso + dilation

>>Angiomas are benign tumors made up of blood vessels (hemangioma) or lymph vessels (lymphangioma).

Radiologic studies involving the blood vessels.

aortography	aorto + graphy	x-ray of the aorta with the use of a contrast dye	aortogram	record produced
arteriography	arterio + graphy	x-ray of the arteries using a radiopaque material	arteriogram	image produced
angiocardiography	angio + cardio + graphy	x-ray of the heart and great vessels using a dye		

Surgical and Therapeutic Interventions

 Health care technology has greatly improved in the past few decades, leading to major advances in the treatment of cardiovascular diseases.

Cardiopulmonary pertains to the heart and lungs.

>> Cardiopulmonary bypass: a technique that

temporarily takes over the function of the heart and the lungs during surgery

>> Cardioversion: a procedure in which an electric current is used to reset the heart's rhythm back to its normal pattern

>> Cardiopulmonary resuscitation: a series of lifesaving actions that improve a client's chances of survival after a cardiac arrest

- For blood vessel problems, these medications are frequently used:
 - >> Thrombolytics (thromb/o + lytic): medications
 that dissolve clots
 - QQ Vasodilators: medications that dilate the blood vessels
 - » Antihypertensives: medications that decrease blood pressure
 - >> *Diuretics:* medications that facilitate excretion of water by the kidneys
 - >> Antilipidemics: medications that decrease cholesterol levels.

Vascular surgical procedures:

angioplasty	angio + plasty	repair of the blood vessels
atherectomy	ather/o + ectomy	insertion of a specialized catheter to remove plaque from the arterial lining
aortoplasty	aort/o + plasty	repair of the aorta
phlebectomy	phleb + ectomy	excision of a vein or a vein segment
hemorrhoidectomy	hemorrhoid + ectomy	excision of a hemorrhoid

LYMPHATIC SYSTEM

The lymphatic system performs the following functions:
 >> Return the fluid that escaped from the blood vessels back to circulation
 >> Defend the body against disease

STRUCTURES OF THE LYMPHATIC SYSTEM

- Lymph: fluid that circulates in the lymphatic system
- Lymph vessels: thin tubes that carry lymph and white blood cells
- Lymph nodes: small round glands that filter lymph throughout the body
 - Tonsils: collections of lymphoid tissue found in the pharynx
 - palatine tonsils: located at the back of the throat
 - pharyngeal tonsils: commonly referred to as "adenoids"
 - Thymus: gland in the upper chest cavity that processes lymphocytes
 - Spleen: produces antibodies and lymphocytes

Some word parts related to the lymphatic system:

Word Part	Meaning	Word Association
adenoid/o	adenoids	Adenoidectomy is the surgical removal of the adenoids.
cervic/o	neck or the uterus	Cervicalgia means neck pain.
		Inflammation of the cervix is known as cervicitis.
home/o	sameness	Homeostasis refers to the ability of the physiological system to maintain internal stability.
lymphat/o	lymphatics	A disease or enlargement of the lymph nodes is lymphadenopathy.
splen/o	spleen	Splenomegaly is the enlargement of the spleen.
thromb/o	thrombus, blood clot	Thrombolysis is the breakdown of blood clots.

Diseases, Disorders, and Diagnostic Terms

lymphoma	lymph + oma	cancer that originates from the lym- phatic system
lymphadenoma	lymph + aden + oma	tumor of the lymph node
lymphangitis	lymph + ang + itis	acute or chronic inflammation of the lymphatic vessels
lymphadenitis	lymph + aden + itis	inflammation of the lymph nodes
lymphedema	lymph + edema	Accumulation of lymph in the tissue that results in swelling.
		Elephantiasis is a form of edema caused by parasites.
lymphangiography	lymph + angio + graphy	radiologic study of the lymphatic ves- sels and nodes using a contrast dye
lymphangiogram	lymph + angio + gram	x-ray of the lymphatic vessels and nodes

Surgical and Therapeutic Interventions

- Antibiotics or anti-infective medications are the usual lines of treatment for infections of the lymph nodes and lymph vessels.
- In more severe problems of the lymphatic system such as cancer, excision of the affected lymphatic structure may be necessary.
 - Lymphadenectomy
 - Splenectomy
 - Tonsillectomy
 - Adenoidectomy



