



**South Valley University**  
**Faculty of Arts**  
**Department of English**

# **linguistic drills**

## **2<sup>nd</sup> Year**

مقرر الفرقة الثانية قسم اللغة الإنجليزية كلية التربية

Compiled and prepared by

*Dr. Yasmeeen Darwish*

**English Department**  
**Faculty of Arts**  
**South Valley University**

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# IDIOMS

# 100 Idioms You Must Know

## 1. A hot potato

**Meaning:** Something that is difficult or dangerous to deal with.

**Example:** Terrorism is a political hot potato in Afghanistan.

## 2. A penny for your thoughts

**Meaning:** Way of asking what someone is thinking.

**Example:** After several minutes of silence he finally looked at her and said, "A penny for your thoughts, Lily."

## 3. Actions speak louder than words

**Meaning:** What you do is more significant than what you say.

**Example:** He: I am sorry. I'll try to be a better person henceforth.

She: Actions speak louder than words.

## 4. Add insult to injury

**Meaning:** To make a bad situation worse.

**Example:** Their basement was flooded, and then, to add insult to injury, a pipe burst in the kitchen.

### **5. An arm and a leg**

**Meaning:** A lot of money.

**Example:** It's the best cruise in the world, but it will cost you an arm and a leg.

### **6. At the drop of a hat**

**Meaning:** Immediately; without any hesitation

**Example:** Ellie was always ready to go shopping at the drop of a hat.

### **7. Back to the drawing board**

**Meaning:** Start something all over again.

**Example:** I failed this semester, but now I am back to the drawing board.

### **8. Ball is in your court.**

**Meaning:** It is up to you to take the next step

**Example:** I've made my decision, now the ball is in your court.

### **9. Barking up the wrong tree**

**Meaning:** Looking in the wrong place; accusing the wrong person.

**Example:** He did not commit the crime, you're barking up the wrong tree.

### **10. Be glad to see the back of**

**Meaning:** Be glad to see someone leave.

**Example:** I never liked her. I'll be glad to see the back of her.

### **11. Beat around the bush**

**Meaning:** Avoid answering a question; not speaking directly about the issue.

**Example:** Tell me what the problem is, stop beating around the bush.

### **12. Best of both the worlds**

**Meaning:** Situation wherein one can enjoy two different opportunities.

**Example:** She had the privilege of a professor and freedom of a student. She had the best of both worlds.

### **13. Best thing since sliced bread**

**Meaning:** A good idea or plan; an excellent new invention.

**Example:** I love your idea. It's the best thing since sliced bread.

### **14. Bite off more than you can chew**

**Meaning:** To take on a task that is way too big.

**Example:** Our boss bit off more than she could chew when she promised the client we'd have the project ready by next week.

### **15. Blessing in disguise**

**Meaning:** Something good that isn't recognized at first.

**Example:** Ashok's losing his job was a blessing in disguise; it gave him an opportunity to pursue higher studies.

### **16. Burn the midnight oil**

**Meaning:** To stay up working, especially studying, late at night.

**Example:** She's been burning the midnight oil for the last few months; her hard work will definitely pay off in the coming exams.

### **17. Don't judge a book by its cover**

**Meaning:** Don't judge something primarily by its appearance.

**Example:**

She: He doesn't look intelligent.

He: You can't judge a book by its cover.

### **18. Caught between two stools.**

**Meaning:** When someone finds it difficult to choose between two alternatives.

**Example:** He had committed to both and now he's caught between two stools.

### **19. Cross that bridge when you come to it.**

**Meaning:** Deal with a problem if and when it becomes necessary.

**Example:** He: I think I need to hire a lawyer.

She: Cross that bridge when you come to it.

## **20. Cry over spilled milk**

**Meaning:** To be unhappy about something that cannot be undone.

**Example:** It can't be helped, don't cry over spilled milk.

## **21. Curiosity killed the cat**

**Meaning:** Being too curious can get you into trouble.

**Example:** Don't ask about his divorce-curiosity killed the cat!

## **22. Cut corners**

**Meaning:** To take shortcuts; when something is done badly to save money.

**Example:** They always put quality first; they won't cut corners just to save money.

## **23. Cut the mustard**

**Meaning:** Perform satisfactorily; to succeed.

**Example:** We need a better catcher; this one just doesn't cut the mustard.

## **24. Devil's advocate**

**Meaning:** To present a counter argument



**Example:** The teacher always played devil's advocate to provoke discussion in the classroom.

**25. Don't count your chickens before the eggs have hatched.**

**Meaning:** Don't make plans for something that might not happen.

**Example:** You might not win the prize and you've already spent the money? Don't count your chickens before the eggs have hatched.

**26. Don't give up the day job**

**Meaning:** You're not very good at something. You could definitely not do it professionally.

**Example:** Why did you invest in business even after failing in it in the past? Don't give up the day job!

**27. Don't put all your eggs in one basket**

**Meaning:** Don't focus all of your attention on one thing or one area.

**Example:** I know you love Harvard, but don't put all your eggs in one basket. Apply to other colleges too.

## **28. Drastic times call for drastic measures**

**Meaning:** When you're extremely desperate you need to take drastic actions.

**Example:** Yes we had to let go of five of our workers!  
Drastic times call for drastic measures.

## **29. Elvis has left the building**

**Meaning:** The show has come to an end. It's all over.

**Example:** We waited for another performance by the band but it looked like Elvis had left the building.

## **30. Every cloud has a silver lining**

**Meaning:** Be optimistic, even difficult times will lead to better days.

**Example:** I'm sorry your business is going badly, but remember every cloud has a silver lining.

## **31. Far cry from**

**Meaning:** A thing that is very different from something else.

**Example:** What you did was a far cry from what you said you were going to do.

### **32. Feel a bit under the weather**

**Meaning:** Feeling sick or unhealthy.

**Example:** I'm not coming to office today, I'm feeling a bit under the weather.

### **33. Give the benefit of doubt**

**Meaning:** Believe someone's statement without proof.

**Example:** I knew him since the past 5 years, so I gave him the benefit of doubt.

### **34. Hear through the grapevine**

**Meaning:** To hear news from someone who heard that news from someone else

**Example:** I heard through the grapevine that she's pregnant.

### **35. Hit the nail on the head**

**Meaning:** To do or say exactly the right thing.

**Example:** You've spotted the flaw, Robert. You've hit the nail on the head.

### **36. Hit the sack/sheets/hay**

**Meaning:** To go to bed.

**Example:** I'm exhausted. I think I'll just hit the sack.

### **37. In the heat of the moment**

**Meaning:** Overwhelmed by what's happening at the moment.

**Example:** He doesn't hate you. He just said that in the heat of the moment.

### **38. It takes two to tango**

**Meaning:** Both people involved in a bad situation are responsible for it.

**Example:** He blamed her for his lack of attention; well it takes two to tango.

### **39. Jump on the bandwagon**

**Meaning:** Join a popular trend or activity.

**Example:** So many people are playing that game that I might as well jump on the bandwagon and check it out.

### **40. Keep something at bay**

**Meaning:** Keep something away

**Example:** A good way to keep your anxiety at bay is through meditation.

#### **41. Kill two birds with one stone**

**Meaning:** To solve two problems at a time with just one action

**Example:** John practiced his words while peeling the potatoes. He was killing two birds with one stone.

#### **42. Last straw**

**Meaning:** The final problem in a series of problems

**Example:** This is the last straw. I'm calling the police.

#### **43. Let sleeping dogs lie**

**Meaning:** Leave something alone if it might cause trouble.

**Example:** I thought I would ask him if he wanted me to pay him back right away, but then I decided to let the sleeping dogs lie.

#### **44. Let the cat out of the bag**

**Meaning:** To reveal a secret / To share information that was previously concealed.

**Example:** It's our secret. Don't let the cat out of the bag.

#### **45. Make a long story short**

**Meaning:** Come to the point – leave out the details.

**Example:** And – to make the long story short – I never got back the money I lent him.

#### **46. Method in the madness**

**Meaning:** A purpose in what one is doing, even though it seems to be crazy.

**Example:** What I'm doing might seem strange, but there is method in my madness.

#### **47. Miss the boat**

**Meaning:** To miss out on something.

**Example:** Pay attention, John, or you'll miss the boat and never learn algebra.

#### **48. Not a spark of decency**

**Meaning:** A person who has no manners

**Example:** Her brother has not a spark of decency. I don't like the way he acts in public.

#### **49. Not playing with the full deck**

**Meaning:** Someone who is mentally, psychologically or intellectually deficient.

**Example:** He's an intelligent guy, but with all that crazy things he does, I wonder if he's not playing with the full deck.

#### **50. On the ball**

**Meaning:** When someone understands a situation well; attentive.

**Example:** If you were on the ball, this wouldn't have happened.

#### **51. Off the record**

**Meaning:** Not made as an official or attributable statement; unofficial; confidential

**Example:** He accepted his fault off the record and hence it could not be used by the prosecutor in the court.

#### **52. Oldest trick in the book**

**Meaning:** A well-known and much used trick/method

**Example:** Oldest trick in the book to treat cold and cough is drinking turmeric milk.

### **53. Off the cuff**

**Meaning:** Without preparation; spontaneous

**Example:** She has a reputation of handling off the cuff interviews very well.

### **54. Old habits die hard**

**Meaning:** People find it difficult to change their accustomed behavior.

**Example:** She retired last month, but still gets up at the same time in the morning. Old habits die hard.

### **55. Once in a blue moon**

**Meaning:** Very rarely

**Example:** Jill has a very rocky relationship with her father. She speaks to him once in a blue moon.

### **56. Open the floodgates**

**Meaning:** Release something that was previously under control



**Example:** Economists fear that relaxing price control will open the floodgates to inflation.

### **57. Out of the blue**

**Meaning:** Happen unexpectedly

**Example:** She had given up all hope when out of the blue she got a call from Harvard.

### **58. Out on a limb**

**Meaning:** Do something risky or something that others do not support (leaving the doer in a difficult situation)

**Example:** She was out on a limb with her project – nobody supported her idea.

### **59. Over the top**

**Meaning:** Totally excessive and not suitable for the occasion.

**Example:** Her sari was way over the top for a somber occasion like this.

### **60. Pen is mightier than the sword**

**Meaning:** Words and communication have a greater effect than war

**Example:** A simple handwritten note put an end to their week long cold war – pen is mightier than the sword.

### **61. Push one's luck**

**Meaning:** Trying to obtain more than what one has (risk spoiling the current situation)

**Example:** You have my permission to go to your friends' place but don't push your luck by planning a night out.

### **62. Raining cats and dogs**

**Meaning:** Raining heavily

**Example:** We'll have to cancel the trip, it's raining cats and dogs here.

### **63. Reap the harvest**

**Meaning:** Benefit or suffer as a direct result of past actions.

**Example:** When he cleared IIT-JEE, he reaped the harvest of all his hard work.

### **64. Roll up one's sleeves**

**Meaning:** Get ready for hard work

**Example:** My brother said he would roll up his sleeves and do whatever it takes to support the family.

### **65. See eye to eye**

**Meaning:** To be in agreement with

**Example:** She was glad her roommate saw eye to eye on the choice of the flat.

### **66. Shot in the dark**

**Meaning:** A complete guess (may or may not be close to the truth)

**Example:** He didn't know too much about programming, so answering the interviewer's question was merely a shot in the dark.

### **67. Sink your teeth into**

**Meaning:** Do something with a lot of energy and enthusiasm.

**Example:** Robin immediately sank his teeth into his new job.

### **68. Skating on thin ice**

**Meaning:** Do or say something risky or something that could cause trouble.

**Example:** Don't say anything that hurts her self-esteem or you could be skating on thin ice.

### **69. Stand in a good stead**

**Meaning:** To be useful or be of good service to someone.

**Example:** Being fluent in German will stand you in a good stead when applying for an MS in Germany.

### **70. Strike while the iron is hot**

**Meaning:** To act at the right time

**Example:** The price of gold is at a 10 year low, strike while the iron is hot and invest in it right away.

### **71. Take a back seat**

**Meaning:** Choose to be less important in a role

**Example:** He finally decided to take a back seat and let his son run the family business.

## **72. Take with a grain/pinch of salt**

**Meaning:** To doubt the accuracy of information

**Example:** A lot is said about the celebrities in media, but that information should be taken with a grain of salt.

## **73. Take a nosedive**

**Meaning:** Rapid drop or decrease in value

**Example:** The share prices took a nosedive when there were rumors of the company's CEO resigning.

## **74. Take the plunge**

**Meaning:** Venture into something of one's interest despite the risks involved

**Example:** Jack finally took the plunge and opened a restaurant.

## **75. Taste of one's own medicine**

**Meaning:** Treat people the same (unpleasant) way they treated you

**Example:** People who often disregard others should be given a taste of their own medicine.

### **76. Think the world of**

**Meaning:** Admire someone very much

**Example:** Emily is a wonderful teacher – children think the world of her.

### **77. Tight spot**

**Meaning:** A difficult situation

**Example:** The recent lawsuit has put the firm in a tight spot.

### **78. Tongue in cheek**

**Meaning:** (of a remark) Supposed to be taken in funny or ironic sense

**Example:** Her comment was taken more seriously than intended. It was supposed to be tongue in cheek.

### **79. Turn a blind eye**

**Meaning:** Pretend not to notice

**Example:** People tend to turn a blind eye to crime against women.

### **80. Walk on eggshells**

**Meaning:** Be extremely cautious about one's words or actions

**Example:** Celebrities are scrutinized by the media for all their actions so they're required to walk on eggshells.

### **81. Want someone's head on a platter**

**Meaning:** Want someone to be punished severely

**Example:** "I want that murderer's head on a platter!", said the Chief of police.

### **82. Watch (someone) like a hawk**

**Meaning:** Keep eyes on or watch carefully

**Example:** The examiner watched the test takers like a hawk.

### **83. Water under the bridge**

**Meaning:** Something bad that happened in the past but is no longer important

**Example:** The couple had a serious fight in the past but that water is under the bridge now.

#### **84. Wave a dead chicken**

**Meaning:** Do some useless, unhelpful thing in the hope that it will solve a problem

**Example:** Restarting the laptop once the motherboard has crashed is like waving a dead chicken.

#### **85. Weak in the knees**

**Meaning:** Barely able to stand because of emotion, fear or illness

**Example:** The shock of being summoned by the Supreme Court made me go weak in the knees.

#### **86. Wear many hats**

**Meaning:** Do many different types tasks

**Example:** We have such a small number of employees that one is often supposed to wear many hats.

#### **87. Weather the storm**

**Meaning:** Succeed in surviving a difficult period of time

**Example:** Given the current global market conditions, the Indian economy is weathering the storm pretty well.



### **88. Wet behind the ears**

**Meaning:** Inexperienced and immature

**Example:** Instead of a full time job, she should be offered an internship as she is still wet behind the ears.

### **89. Whale of a time**

**Meaning:** Enjoy a lot

**Example:** She had a whale of a time in Goa with her girl gang.

### **90. Whistle in the dark**

**Meaning:** Pretend to be brave in a scary situation

**Example:** Upon being attacked, she blew a whistle in the dark which surprised her attackers.

### **91. Why keep a dog and bark for yourself**

**Meaning:** If someone or something can do a job for you, why do it yourself?

**Example:** My sister has a printer, but she continues to write notes manually. Why keep a dog and bark for yourself?

## **92. Wide off the mark**

**Meaning:** Incorrect; Inadequate; Not what is expected

**Example:** Her answer was wide off the mark; it was impossible for me to give a better rating to it.

## **93. Wild goose chase**

**Meaning:** Waste time looking for something that has little chance of being found

**Example:** She tried to find out who the anonymous caller was, but it turned out to be a wild goose chase.

## **94. Wipe the slate clean**

**Meaning:** Make a fresh start

**Example:** When Mike was leaving home, he decided to wipe the slate clean with his dad.

## **95. Wolf in sheep's clothing**

**Meaning:** Dangerous person pretending to be harmless

**Example:** I thought she was a good person, but I realized that she was a wolf in a sheep's clothing when she backstabbed me during the selection process.

### **96. Work your fingers to the bone**

**Meaning:** Extreme hard work

**Example:** She totally deserves the success; she worked her fingers to the bone when she started out as a model.

### **97. Worm's eye view**

**Meaning:** A perspective seen from below or from a low or inferior position

**Example:** The trainees get only a worm's eye view of the corporate structure.

### **98. Worth one's salt**

**Meaning:** Good or competent at the job or profession specified

**Example:** She deserves respect as she is totally worth her salt.

### **99. Wrap one's brain around**

**Meaning:** Concentrate on something in an effort to understand

**Example:** I really need to wrap my brain around this concept before the exam.

**100. Zero in on something**

**Meaning:** Focus all attention onto one thing

**Example:** The teacher immediately zeroed in on the weaker students of the class.

PHRASAL

VERBS

## **Exercise (1) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

based on - bring up – count on - deal with - go over – leave out -  
make out - move in – pull off - put together – run into - turn down

1. It was very interesting to see how the construction workers \_\_\_\_\_ the bridge \_\_\_\_\_ .
2. In today's world it's difficult to \_\_\_\_\_ children so that they can get something out of life.
3. Can we \_\_\_\_\_ the arrangements once again to make sure that everything will work out fine.
4. My parents have bought a new house recently and we're planning to \_\_\_\_\_ soon.
5. There was a lot of fog so I couldn't \_\_\_\_\_ the license plate of the car.
6. The manager offered her an excellent job, but she simply \_\_\_\_\_ it \_\_\_\_\_ .
7. The headmaster doesn't want to \_\_\_\_\_ naughty students all the time.

8. He \_\_\_\_\_ some important information at the interview because he didn't want his new boss to know everything about him.

9. The film you're about to see is \_\_\_\_\_ a true story .

10. You're my best friend. I can always \_\_\_\_\_ you if something goes wrong.

11. She finally succeeded in \_\_\_\_\_ the deal even though it was difficult to get all the parties to agree.

12. I \_\_\_\_\_ an old friend a few days ago. We hadn't seen each other since college.

## **Exercise (2) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

ask out- back up -break down -call off -carry out -come up with- get over- hold up -look into- pull up -run down -see off -talk out of- throw away- turn over

1. He \_\_\_\_\_ me \_\_\_\_\_ going to university because he thought it wasn't the right thing for me to do.

2. After weeks of negotiations the Prime Minister \_\_\_\_\_ a new solution to the issue.

3. I have to \_\_\_\_\_ my files regularly, so that I don't lose them when the computer crashes.

4. The match was \_\_\_\_\_ because of heavy rain. It will be played tomorrow.

5. We \_\_\_\_\_ too much paper and other packaging. I think we should recycle more of it.

6. It started to rain just as we \_\_\_\_\_ in front of the restaurant.

7. The masked robbers \_\_\_\_\_ a money transport and got away with millions of dollars.

8. She's been taken to hospital after being \_\_\_\_\_ by a truck driver.

9. We \_\_\_\_\_ him \_\_\_\_\_ at the airport and wished him good luck for his new job.

10. It took her a long time to \_\_\_\_\_ her father's sudden death.



11. The police officer \_\_\_\_\_ the thief \_\_\_\_\_  
to the sheriff, who then locked him up in prison.

12. The investigators promised that they would  
\_\_\_\_\_ the matter and try to find new evidence.

13. He \_\_\_\_\_ her \_\_\_\_\_  
for a first date, so they both went to see a movie.

14. The scientist \_\_\_\_\_ the experiment in  
his own private lab.

15. The car \_\_\_\_\_ and we had to call  
someone to tow it away.

### **Exercise (3) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb  
from the box in its correct form.**

ask around- bring up- drop out of- get along- go down- hold off- keep  
up -make up- pay back- push ahead -put on -run out -send in -set up-  
stay away from -take after- turn off -work out

1. The doctor told his assistant to \_\_\_\_\_  
the first patient.

2. My friend never \_\_\_\_\_ the money I had lent him a few weeks ago.

3. They had to \_\_\_\_\_ the central heating because it was getting too warm in the room

4. You look a bit heavier. Have you \_\_\_\_\_ some weight since I last saw you?

5. My boss told me to \_\_\_\_\_ the good work. He was very pleased with me.

6. You can't \_\_\_\_\_ much longer. He is waiting for your decision.

7. She \_\_\_\_\_ her mother. Just look at her face.

8. Time is \_\_\_\_\_. We need to make a decision quickly.

9. The authorities are \_\_\_\_\_ with plans for the new runway.

10. She \_\_\_\_\_ her children \_\_\_\_\_ on her own after her husband had moved out of the flat.

11. The doctor advised Mary to \_\_\_\_\_ fast food and chocolate.

12. I had an argument with my wife, but fortunately we \_\_\_\_\_ a few days later. Now everything is OK again.

13. My trip to Paris didn't \_\_\_\_\_ the way I had planned it. There were some difficulties.

14. His grandfather \_\_\_\_\_ the company over 50 years ago.

15. The news didn't \_\_\_\_\_ well among the employees. Everyone was afraid of losing their jobs.

16. I \_\_\_\_\_ to see if someone had seen anything suspicious.

17. The boy \_\_\_\_\_ high school and started dealing drugs.

18. I really like working with him. We \_\_\_\_\_ really well.

### **Exercise (4) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

blow out – bring up – come forward – do without – get across – get over – go through – hold on – let off – make up – push for – run down – send for – sit out – take a back – turn out

1. My lawyer has \_\_\_\_\_ all the documents I gave him, but he can't find the right one.

2. The trade unions are \_\_\_\_\_ a rise in salary, but the employers don't want to give it to them.

3. Thousands of people \_\_\_\_\_ to see the royal family, who were in the country for the first time.

4. It was the first time he got caught so the teacher \_\_\_\_\_ him \_\_\_\_\_ with a warning.

5. We were \_\_\_\_\_ when Jerry said he was getting married. Nobody had really expected it.

6. I can't \_\_\_\_\_ coffee in the morning. I need at least 2 cups to get going.

7. When I was walking across the street a car sped by and almost \_\_\_\_\_ me \_\_\_\_\_.

8. It took her a few months to \_\_\_\_\_ her husband's death.

9. Could you please \_\_\_\_\_? – Mr. Jenkins is on the other line.

10. The couple finally \_\_\_\_\_ after they had been quarrelling about irrelevant things.

11. A week after the incident the neighbor \_\_\_\_\_ with some new information.

12. I \_\_\_\_\_ the manager because I thought the sales assistant gave me wrong information. 13. When he got his birthday cake, he \_\_\_\_\_ all the candles on it.

14. She finally \_\_\_\_\_ most of what she was saying \_\_\_\_\_ to the audience.

15. I don't like the performance either, but I guess we'll just have to \_\_\_\_\_ it \_\_\_\_\_.

16. His grandparents \_\_\_\_\_ him \_\_\_\_\_ after his biological mother had left him.

### **Exercise (5) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

brush up - dress up – drop out of - eat up - end in – face up to – fall behind - finish off – get away with - hand down – make off with – pick up - read up on - roll up - thumb through – turn in

1. The meeting \_\_\_\_\_ a fight between the two office managers.
2. My friend and I \_\_\_\_\_ as Batman and Robin at the party.
3. I had to \_\_\_\_\_ English literature for the course next semester and I didn't know very much about it.
4. Mom told her son he would have to \_\_\_\_\_ his vegetables before he could leave the dinner table.
5. The burglars \_\_\_\_\_ some valuable jewelry after they had broken into the house.
6. I probably \_\_\_\_\_ the flu while I was on holiday in Asia.
7. The young man \_\_\_\_\_ university only a year after he had started courses.
8. We \_\_\_\_\_ the luxurious meal with chocolate cake and a cappuccino.
9. She had to \_\_\_\_\_ the fact that she was seriously injured and couldn't take part in any competition this season.

10. Let's \_\_\_\_\_ our sleeves and start working in order to get the project done in time.

11. It was the third time the student \_\_\_\_\_ cheating. We'll report her next time.

12. I \_\_\_\_\_ the magazine while I was in the waiting room.

13. You should \_\_\_\_\_ your Spanish if you want to go to South America next month.

14. This recipe has been \_\_\_\_\_ to various members of our family for ages.

15. After the robbery the man realized that he had no place to go and \_\_\_\_\_ himself \_\_\_\_\_.

16. She hadn't gone to school for over a month and \_\_\_\_\_ in the main subjects.

## **Exercise (6) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

black out – call off - cheat on – come back - come up with – count on - move in – open up - pull through – put through - send off - set aside - settle in – stand by - stick up for – talk down to
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1. She \_\_\_\_\_ when she hit the rock and couldn't remember how it happened.

2. The match was \_\_\_\_\_ because of the transport strike.

3. You're such a great friend. I know I can always \_\_\_\_\_ you.

4. I need to \_\_\_\_\_ some money, otherwise I won't be able to pay the mortgage.

5. We are really best friends and \_\_\_\_\_ each other when we get into trouble.

6. It took a long time for us to \_\_\_\_\_ because we weren't used to living in such a big house.

7. The doctors hope that the patient will \_\_\_\_\_ after a complicated surgery.

8. After chatting for some time, he started to \_\_\_\_\_ a bit and told me about his troubled childhood.

9. Mary discovered that her husband was \_\_\_\_\_ her and filed for divorce.

10. After having lost the first two sets, he \_\_\_\_\_ into the game managed to win in five sets.



11. My girlfriend \_\_\_\_\_ with me after we had been together for over a year.

12. Can you \_\_\_\_\_ me \_\_\_\_\_ to the headmaster's office? I really must speak to him.

13. The referee \_\_\_\_\_ him \_\_\_\_\_ after a brutal attack on the defender.

14. My boss is so arrogant. I can't stand the way he \_\_\_\_\_ the employees.

15. Even though I don't earn that much I manage to \_\_\_\_\_ a few dollars for hard times.

16. She was a good wife and \_\_\_\_\_ her husband even when he was having an affair.

## **Exercise (7) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

cut off – die down – drop in - eat out - fall for – fill in – find out - get along with – get away with – give up – hand over – hang around - hang up – let down - look up to – make up

1. Many small villages have been \_\_\_\_\_  
from the outside world as a result of heavy flooding.
2. We were asked to \_\_\_\_\_ an  
application form before we were interviewed.
3. The teacher made it clear to us that we won't  
\_\_\_\_\_ cheating at the test.
4. She's a great and reliable friend who never  
\_\_\_\_\_ me \_\_\_\_\_.
5. It's important to have a good relationship with your boss  
and \_\_\_\_\_ your colleagues at work.
6. I wanted to apologize for what I had done but when I  
called her, she just \_\_\_\_\_ on me.
7. We were visiting the town, so we just  
\_\_\_\_\_ to say hello.
8. When the robber saw that there was no way out, he  
\_\_\_\_\_ and surrendered himself to the police.
9. I don't want to cook today so let's \_\_\_\_\_ for a change.
10. The local police \_\_\_\_\_ the suspect \_\_\_\_\_  
to the FBI who brought him to a federal prison.

11. You should wait until the noise \_\_\_\_\_ before you start your presentation.

12. He finally \_\_\_\_\_ who sent him the message.

13. Is that really what happened, or did you \_\_\_\_\_ the story just to please me?

14. The boy adored his father and always \_\_\_\_\_ him.

15. The two boys were unemployed for some time, so they just \_\_\_\_\_ parks and watched people pass by.

16. She was so attractive I \_\_\_\_\_ her the minute I saw her.

## **Exercise (8) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

ask out - break out – bring back – care for - come round - cut off – get on with - go off - keep on - knock over – miss out on - pass away – put on - show off - stop over – turn out

1. On the way to London, we \_\_\_\_\_ in Paris for a few days.

2. The 90-year-old lady \_\_\_\_\_ in her sleep last night.

3. It \_\_\_\_\_ raining the whole day so that the two rivers flooded the city Centre.

4. The alarm clock \_\_\_\_\_ early, so I got back to bed.

5. It's important to \_\_\_\_\_ all your colleagues in order to achieve a good working relationship.

6. The two prisoners managed to \_\_\_\_\_ of the maximum-security prison.

7. The factory \_\_\_\_\_ thousand new cars a year. That's pretty impressive.

8. I can't stand the way he \_\_\_\_\_ with his new sports car.

9. I \_\_\_\_\_ her \_\_\_\_\_ a few days ago but she politely refused.

10. If I hadn't gone to the party, I would have \_\_\_\_\_ all the fun.

11. It took him a while to \_\_\_\_\_ after the operation.

12. Who is going to \_\_\_\_\_ us when we get older?

13. I \_\_\_\_\_ my glass and the red wine spilt all over the beautiful tablecloth.

14. The \_\_\_\_\_ keeps eating all the time but doesn't seem to \_\_\_\_\_ any weight.

15. Three villages have been \_\_\_\_\_ by heavy snowfall. Nobody could get through.

16. You'll have to \_\_\_\_\_ the books as soon as possible. There are other customers waiting for them.

### **Exercise (9) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

break down – bring up – call off - care about – check in - come across  
– give in – go down with – hand in – hold up - look up – pull down –  
see off – speak up – take part in – think over

1. The old community center is being \_\_\_\_\_ and new sports facilities will be built there instead.

2. I \_\_\_\_\_ some old family photos when I cleaned up the attic last week.

3. Almost half the teaching staff has \_\_\_\_\_ some sort of cold or flu. Now we need substitutes for some of the classes.

4. I couldn't \_\_\_\_\_ her \_\_\_\_\_ at the airport because I had to work.

5. He \_\_\_\_\_ what I had said to him and told me he would accept the job.

6. I always have to \_\_\_\_\_ to my little brother. He gets everything he wants.

7. I had to \_\_\_\_\_ some of the words because the text was so difficult to understand.

8. If I hadn't broken my leg, I would have \_\_\_\_\_ the race.

9. My sister's old car seems to \_\_\_\_\_ once a week. It's so unreliable.

10. When you \_\_\_\_\_ at the hotel's reception desk you have to show a passport.

11. He doesn't \_\_\_\_\_ money because he's so rich. It doesn't matter to him.

12. The teacher told us to \_\_\_\_\_ our homework by Friday.

13. Please \_\_\_\_\_! The back of the auditorium can't hear you.

14. I was \_\_\_\_\_ by my grandparents because mom and dad were killed in a car accident.

15. The meeting has been \_\_\_\_\_ because two of the participants can't get here in time.

16. I'm sorry I'm late. Heavy traffic and an accident on the motorway \_\_\_\_\_ me \_\_\_\_\_.

## **Exercise (10) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

come up against - die down - draw up – fall for - find out – get by - go through - hold back - let down - live up to - make up - stay out - take off - try out - turn off – work out

1. Is that the truth or did you just \_\_\_\_\_ such a story?

2. Jack couldn't \_\_\_\_\_ his anger and started shouting at everyone.

3. The teacher wasn't paying any attention, so he \_\_\_\_\_ an old trick I played on him.

4. My parents always let me \_\_\_\_\_ until after midnight. It's very generous of them.

5. The noise \_\_\_\_\_ after the politician appeared in the middle of the crowd.

6. I'm counting on you for support so please don't \_\_\_\_\_ me \_\_\_\_\_.

7. Don't buy an e-bike unless you have an opportunity to \_\_\_\_\_ it \_\_\_\_\_.

8. The player didn't \_\_\_\_\_ my expectations so I substituted him.

9. Please \_\_\_\_\_ the lights when you leave.

10. A black limousine \_\_\_\_\_ near the Capitol and the President get out.

11. The manager had \_\_\_\_\_ the new documents with his lawyers before he came to a decision.

12. John \_\_\_\_\_ about his wife's cheating on him and filed for divorce.

13. The company \_\_\_\_\_ some financial difficulties and had to close some of their factories.



14. I tried to find a solution to the problem, but I simply couldn't \_\_\_\_\_ it \_\_\_\_\_.

15. Normally, planes \_\_\_\_\_ on time but today there are delays due to the foggy weather.

16. They don't have so much money but in most months they can \_\_\_\_\_.

### **Exercise (11) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

break off – bring in – burst in – call for - come out – drop off – fill in -  
get up to – give up – go with – hang on – keep back – look into –  
make out – pick on - put out

1. You shouldn't leave the children alone for so long or they'll \_\_\_\_\_ something bad.

2. Could you \_\_\_\_\_ a minute while I get something to write?

3. It took the fire fighters almost an hour to \_\_\_\_\_ the fire.

4. Being a primary school teacher \_\_\_\_\_ a lot of nerves and patience.

5. All the employees had to \_\_\_\_\_ a form that was given to them by the personnel manager.

6. Although he answered most of my questions, I had the feeling he was \_\_\_\_\_ something.

7. The older boys always \_\_\_\_\_ the younger ones at the school playground. It's so disgusting.

8. I'll \_\_\_\_\_ you \_\_\_\_\_ at the station on my way to work. It's not a problem.

9. My doctor advised me to \_\_\_\_\_ smoking.

10. The bright blue scarf \_\_\_\_\_ your new dress perfectly.

11. The investigator told me he would \_\_\_\_\_ the matter.

12. The sun has just \_\_\_\_\_ so I expect that the rest of the afternoon will be quite warm.

13. The prosecutor \_\_\_\_\_ an expert on DNA analysis.

14. John and Marjorie have decided to \_\_\_\_\_ after being together for five years.

15. The man \_\_\_\_\_ the room without knocking and told us about the accident that had just happened.

16. It's difficult to \_\_\_\_\_ the license plate number of the car over there. It's so far away.

## **Exercise (12) Phrasal Verbs**

**Complete the sentences below, using a phrasal verb from the box in its correct form.**

break into – cross out - eat out - get through to - grow up - keep up -  
let in on - make up for - put up with - run into - send for - slow down -  
stand for - take after - turn down – work out

1. The burglars \_\_\_\_\_ the house and stole all the jewels.
2. There must be something wrong with your mobile phone. I can't \_\_\_\_\_ to you.
3. I \_\_\_\_\_ an old acquaintance of mine at the airport. I hadn't seen her in years.
4. I told her to \_\_\_\_\_, otherwise she would crash into the car up front.
5. What do the letters WHO \_\_\_\_\_? – The World Health Organization.
6. We usually \_\_\_\_\_ at our favorite restaurant once a month.

7. Please \_\_\_\_\_ the names you don't want to have on the list.

8. My teacher told me to stop being so childish and start \_\_\_\_\_.

9. The pilot was able to \_\_\_\_\_ the delay caused at the airport.

10. Jack \_\_\_\_\_ his father. He even walks in the same way.

11. My boss told me to \_\_\_\_\_ the good work. I was one of the best employees.

12. I cannot \_\_\_\_\_ your bad behavior anymore. I'm calling your parents.

13. I hope everything \_\_\_\_\_ for you in your new job.

14. I \_\_\_\_\_ the manager's offer of a 10 percent raise. I demanded more.

15. We had to \_\_\_\_\_ the doctor because his condition was deteriorating.

16. I'll \_\_\_\_\_ you \_\_\_\_\_ a secret. – I am getting married next summer.

READING

PASSAGES

## Egyptian Mummies

### Choose the correct word or phrase for each blank.

When a person dies their body decays. Skin and flesh (1) \_\_\_\_\_ and as time goes on only a skeleton is left. A mummy is the (2) \_\_\_\_\_ body of a person or an animal that has been (3) \_\_\_\_\_ by wrapping cloth or other material around it. The ancient Egyptians mummified their dead for many (4) \_\_\_\_\_. They believed that they had to preserve the body for life after death. The soul of the dead would be (5) \_\_\_\_\_ with its body in the afterlife. At first, they started (6) \_\_\_\_\_ dead people in hot sand. Later, they built special tombs. Egyptians wanted their relatives to feel (7) \_\_\_\_\_ after death. Bodies were (8) \_\_\_\_\_ in cloth to stop bacteria and other (9) \_\_\_\_\_ substances from getting to them. Embalmers dehydrated bodies and (10) \_\_\_\_\_ all liquids in them. A substance called natron was used to cover the bodies. It extracted moisture from the skin and flesh. (11) \_\_\_\_\_ organs, including the brain, were removed; the heart was usually left in the body. Mummies often received a face (12) \_\_\_\_\_. Mummies were then put into coffins, made of wood or stone. Relatives (13) \_\_\_\_\_ them

and buried them under ground. The extracted organs were put into jars and (14) \_\_\_\_\_ next to the mummies. Sometimes animals were also mummified and put next to their owners. Poor people did not have the money for such (15) \_\_\_\_\_ procedures. Mummifying pharaohs and noblemen, on the other hand, proved to be a special and (16) \_\_\_\_\_ job. In ancient Egypt, it took up to 70 days to finish a mummy.

1- retreat - disappear - depart - withdraw

2- died - deadly - death - dead

3- preserved - reserved - continued - protected

4- centuries- times - periods - eras

5- restarted - regained - reunited - recovered

6- guarding - hiding - dying - burying

7- calm - comfortable - relaxing - miserable

8- faced - guarded - wrapped - dressed

9- breaking - harmless - harmful - risky

10- removed - replaced - connected - attached

11- Private - Inner - Middle - Centre

12- disguise - front - cover - mask

13- improved - decorated - fixed - renovated

14- sat - set - located - placed

15- developed - complicated - confused - involved

16- insisted - pressured - required – demanding

## Polar Bears – How Dangerous Are They?

Complete the text about polar bears with the words from the box. There are TWO words you will not need.

affect aggressive attack change desperately effect  
encounter enemy extinct forced fur hunters numbers  
protect share studies survive

Polar bears are animals we love to see at zoos. They attract humans with their white (1) \_\_\_\_\_ and black noses. However, we often forget that polar bears are (2) \_\_\_\_\_, which mainly get their food by other animals. Sometimes they even attack humans. Recent (3) \_\_\_\_\_ show that the aggression polar bears show towards human beings is increasing. One of the reasons may be climate (4) \_\_\_\_\_. As it gets warmer in the Arctic regions, polar bears are (5) \_\_\_\_\_ to move from the coastline inland, where they may (6) \_\_\_\_\_ more humans. They are starting to spend more time on land than on Arctic sea ice. Another reason may be that people often come too close to the bears, which see them as a dangerous (7) \_\_\_\_\_. Polar bears



live all across the Arctic region, in Russia, Scandinavia, Alaska and Canada. But their (8) \_\_\_\_\_ are falling quickly. Polar bears do most of their hunting on sea ice. As more and more ice is melting, experts fear that fewer polar bears will be able to (9) \_\_\_\_\_. They can go on for a longer time without food, but they do get (10) \_\_\_\_\_ when they cannot find anything to eat. Another study suggests that polar bears are in danger of becoming (11) \_\_\_\_\_ because of increasing pollution in the Arctic region. Chemicals and other waste may have an (12) \_\_\_\_\_ on the body and bones of polar bears. When polar bears (13) \_\_\_\_\_ humans, it is mostly because they are very hungry, (14) \_\_\_\_\_ in need of food. As more and more polar bears and humans are starting to (15) \_\_\_\_\_ the same living areas, encounters are will probably be more frequent and more people may die from polar bear attacks.

## Meals and Eating Out

Complete the sentences a word or phrase from the box.

bill book a table breakfast continental course  
crowded dinner fully booked main meal menu serve  
packed lunch recommend service table for two  
takeaway food takes .... out tip took ... order

1. I always have a light \_\_\_\_\_ – with a cup of coffee and a croissant.
2. You're a local, aren't you? – So, can you \_\_\_\_\_ a restaurant around here?
3. After waiting for 10 minutes the waiter came to our table and \_\_\_\_\_ our \_\_\_\_\_.
4. They \_\_\_\_\_ excellent food at the Thai restaurant around the corner.
5. My boyfriend \_\_\_\_\_ me \_\_\_\_\_ for dinner every weekend.
6. You get a three-\_\_\_\_\_ meal for only \$12 .
7. The food was excellent, but the \_\_\_\_\_ was rather slow.
8. Experts say that breakfast is the most important \_\_\_\_\_ of the day.

9. The new restaurant offers \_\_\_\_\_ food. Just call them and 15 minutes later you can pick up your order.
10. You usually leave a 10% \_\_\_\_\_ for the waiter.
11. I wanted to go to the new restaurant, but it was \_\_\_\_\_, so we had to go somewhere else.
12. When the waiter brought the \_\_\_\_\_, I was surprised that everything was so cheap.
13. If we decide to go there we'll have to \_\_\_\_\_. There are always so many people.
14. I'm here with my wife. I'd like a \_\_\_\_\_ .
15. The bar is always so \_\_\_\_\_ because people stop there after work.
16. My dad always chooses the most important item on the \_\_\_\_\_.
17. We won't be home until 6 in the evening so take a \_\_\_\_\_ with you.
18. It was a cheap hotel that only offered a \_\_\_\_\_ breakfast.
19. We had roast turkey for our \_\_\_\_\_ course.
20. They invited us for \_\_\_\_\_ tomorrow evening. We definitely should go.

## Brain Disorders

Use the word in brackets to form a new word that fits into each blank.

Injuries, (1) \_\_\_\_\_ (ILL) and diseases that you may inherit from your parents or grandparents can damage your brain. Disorders that destroy brain cells are very serious because the body cannot (2) \_\_\_\_\_ (PLACE) lost cells. A stroke occurs when the brain cells do not get enough oxygen, which is transported throughout your body by blood. If this happens the brain can no longer work in the (3) \_\_\_\_\_ (DAMAGE) area. Many stroke victims are not able to use a certain side of their body and, very often, they lose the (4) \_\_\_\_\_ (ABLE) to speak (5) \_\_\_\_\_ (CLEAR). Strokes are often caused by high blood pressure or when arteries become harder. Some stroke victims die, others recover (6) \_\_\_\_\_ (PART). Brain tumors are caused by the rapid (7) \_\_\_\_\_ (GROW) of cells. Such fast-growing cells destroy healthy ones. As they grow, they create pressure and may damage other areas of the brain. Sometimes tumors can be (8) \_\_\_\_\_ (MOVE) by operations or with drugs. Many diseases that are caused by bacteria or viruses can also do

damage to the human brain. One of the most common illnesses is meningitis, a disease that affects the membranes that cover the brain and the (9) \_\_\_\_\_ (SPINE) cord. Sometimes the brain of an (10) \_\_\_\_\_ (BORN) baby does not develop the way it should. In Down's syndrome there is an extra chromosome that causes mental disorder. In other cases, (11) \_\_\_\_\_ (GENE) errors cause brain damage in later life. Huntington's disease, for example, occurs mostly during middle age. It leads to jerky (12) \_\_\_\_\_ (MOVE) of the body. Alzheimer's disease often occurs after the age of 60. Many victims suffer from a (13) \_\_\_\_\_ (LOSE) of memory and they often cannot care for themselves. Today, modern medicine has ways and methods of looking into the human brain. The EEG (electroencephalogram) records the (14) \_\_\_\_\_ (ACT) in the brain. Computed tomography makes pictures by sending many X-rays through the brain. (15) \_\_\_\_\_ (MAGNET) resonance imaging (MRI) uses (16) \_\_\_\_\_ (POWER) magnets to show how atoms in your brain change.

## Safe Camping

Use the words in brackets to form a new word that fits into each space.

Camping has become an (1) \_\_\_\_\_ (INCREASE) popular outdoor activity. However, there are some (2) \_\_\_\_\_ (SAFE) precautions you must take when camping outdoors. A campfire is one of the many (3) \_\_\_\_\_ (ENJOY) parts of a camping experience, but you should do it right. Never leave your fire (4) \_\_\_\_\_ (ATTEND). Make sure that you always have water nearby so that you can put out the fire if it gets out of control. Safe drinking water is also essential when staying outdoors. Public campgrounds usually provide good water but if you camp in the (5) \_\_\_\_\_ (WILD) make sure you have fresh and clean water supplies with you. You can also buy tablets that (6) \_\_\_\_\_ (PURE) water. If you go hiking on your camping trip be aware of other dangers. Don't touch (7) \_\_\_\_\_ (DEAD) plants like poison oak or poison ivy. If you get caught in a (8) \_\_\_\_\_ (THUNDER) look for shelter. If

you can't find a house or another building sit under trees in a forest. Avoid tall trees that stand alone in open areas. Get out of the water if you are swimming. Before your (9) \_\_\_\_\_ (DEPART) tell someone where you are going and when you will probably be back. If you have never been to a place before don't go there alone. Stay calm and remain in one place in case you lose your (10) \_\_\_\_\_ (DIRECT) and wait until help arrives. Carry matches with you to light a fire and keep warm. Cell phones are not (11) \_\_\_\_\_ (RELY) in remote areas. Chances are that you won't have a good (12) \_\_\_\_\_ (RECEIVE).

Clean up your campsite when you leave. Fill all the holes that you have dug. Save your waste until you can put it in waste bins.

# Earthquakes

**Choose the best option for each blank.**

Earthquakes are among the most destructive (1) \_\_\_\_\_ disasters. They usually occur without any (2) \_\_\_\_\_ warning and often result in a (3) \_\_\_\_\_ of life and the collapse of buildings. In addition, earthquakes may cause (4) \_\_\_\_\_ landslides or create gigantic tidal waves. Such a disaster happened in 2004, when an earthquake (5) \_\_\_\_\_ the coast of Indonesia (6) \_\_\_\_\_ a massive tsunami that killed over 200,000 people. Earthquakes (7) \_\_\_\_\_ mostly where the earth's tectonic plates meet. Massive amounts of energy are (8) \_\_\_\_\_ when two plates push towards, pull apart from or slide past each other. (9) \_\_\_\_\_ millions happen every year there are only a small number that (10) \_\_\_\_\_ and very few that cause damage. In many cases, an earthquake (11) \_\_\_\_\_ 30 to 60 seconds. There is hardly any time to (12) \_\_\_\_\_ once the shaking starts. The brutal forces of an earthquake start a (13) \_\_\_\_\_ chain reaction in a building's



structure when it is shaken. A building's height, (14) \_\_\_\_\_ and construction materials are significant (15) \_\_\_\_\_ when it comes to its inhabitants surviving such a disaster.

1 naturalistic natural nature native

2 ahead former past prior

3 cost damage harm loss

4 devastating overwhelming disturbing shocking

5 of off on at

6 generated set triggered activated

7 occur are occurring occurred are occurred

8 emitted loosened escaped released

9 Although In spite of However Nevertheless

10 are being felt should be felt must be felt can be felt

11 keeps on lasts happens remains

12 divert discard escape abandon

13 dense compound difficult complex

14 shape figure character spirit

15 keys factors reasons causes

## Jobs for Lazy People

Complete the text with ONE word that fits into each gap.

When flicking (1) \_\_\_\_\_ the job pages of a newspaper you tend to find the same adjectives in any advertisement : ambitious, hard-working , motivated, dynamic , cooperative . Even if these are traits you are bound to find in every job (2) \_\_\_\_\_ are a few jobs where they might not apply. Sometimes you can even be lazy to do them. Furniture companies, for example, often hire people (3) \_\_\_\_\_ job it is to test new sofas, armchairs, beds and other products. It's their job to sit in chairs or lie in beds for hours and just try to (4) \_\_\_\_\_ comfortable. Sometimes, it's even acceptable to fall asleep while (5) \_\_\_\_\_ "work". Another job you might try (6) \_\_\_\_\_ if you're not that ambitious and hardworking is a house-sitter. These people (7) \_\_\_\_\_ paid just to look after someone else's house and make sure everything is OK while the owners are on holiday or on a business (8) \_\_\_\_\_. It's rarely the case that you have to deal (9) \_\_\_\_\_ problems that come up,

(10) \_\_\_\_\_ a leak in a water pipe. If you like (11) \_\_\_\_\_ TV all day, consider being a binge watcher. Watch your favorite series on a streaming service of your choice and write a report (12) \_\_\_\_\_ it. You don't even have to get out of bed for this job.

## **Being a Professional Photographer**

**Read the text. Choose ONE word that fits into each blank.**

When I \_\_\_\_\_ a child, I always had a camera with me, whether it was at the beach, a family event, \_\_\_\_\_ just a friend's party. I wanted to go to a photography school but couldn't \_\_\_\_\_ my parents didn't have the money. So, I enrolled in an online course on photography and taught \_\_\_\_\_ all of the skills that I needed in order to \_\_\_\_\_ a good photographer. When I finished the course, I started applying \_\_\_\_\_ a job and thought I would get one immediately. However, I was wrong. \_\_\_\_\_ a year of unsuccessful applications, I wanted to quit, when I suddenly got an email \_\_\_\_\_ a fashion

business. They were \_\_\_\_\_ for young photographers who were willing to travel a lot. Two weeks later I started my new job and \_\_\_\_\_ then haven't regretted it once. The work is great and very diverse. Taking professional photos is only part of what I do. I \_\_\_\_\_ a lot of time talking to clients, choosing the right equipment for a photo session and setting \_\_\_\_\_ the environment. Good photographers are always in demand. Even \_\_\_\_\_ there are fewer jobs with newspapers or magazines, more and \_\_\_\_\_ companies are looking for people to take professional images for their websites. Working for a company is good at the beginning, but \_\_\_\_\_ day I want to set up my own business and work in Milan, Rome or Paris – at the center of the fashion world.

## **Mahatma Gandhi**

**Use the words in brackets to form a new word that fits into each blank.**

Mahatma Gandhi was known to the whole world as the leader of the Indian nationalist (1) \_\_\_\_\_  
(MOVE) against British (2) \_\_\_\_\_

(DOMINATE) of India. During his lifetime he was much praised for his doctrine of nonviolent (3) \_\_\_\_\_ (RESIST) and civil (4) \_\_\_\_\_ (OBEY). Even though he was one of the greatest human rights (5) \_\_\_\_\_ (ACTIVE) he always appeared as a simple man who fought against (6) \_\_\_\_\_ (POOR) and the (7) \_\_\_\_\_ (HOMELESS) of India's working population. Gandhi was born into a (8) \_\_\_\_\_ (WEALTH) family. His mother was a (9) \_\_\_\_\_ (DEEP) religious woman. In his (10) \_\_\_\_\_ (CHILD) years Mahatma was a small and quiet boy who (11) \_\_\_\_\_ (LIKE) sports and was only an average student. At 13 his parents arranged a (12) \_\_\_\_\_ (MARRY) with a girl the same age. Gandhi's father persuaded him to study law in London but (13) \_\_\_\_\_ (ADJUST) to the British way of life proved to be difficult. After a short interval back home in India he left again for South Africa, where he accepted a job as a (14) \_\_\_\_\_ (LAW). At first, he only planned to stay a year but after observing nationwide (15) \_\_\_\_\_ (DISCRIMINATE) against non-whites he found a new cause. He fought for the (16) \_\_\_\_\_ (PROTECT) of Indian South Africans

and stayed until 1913. In 1907 Gandhi urged all Indians to defy a law requiring (17) \_\_\_\_\_ (REGISTER) and fingerprinting. For this (18) \_\_\_\_\_ (ACTIVE) he was (19) \_\_\_\_\_ (PRISON) for two months. After returning to India he became an (20) \_\_\_\_\_ (INFLUENCE) figure within a short time. He urged the boycott of British goods and a (21) \_\_\_\_\_ (POLITICS) of non-cooperation with the British (22) \_\_\_\_\_ (RULE). Gandhi told Indians to make their own clothes rather than buy British goods. This, he argued, would create (23) \_\_\_\_\_ (EMPLOY) for millions of Indians.

www.english-practice.at In 1930 Gandhi organized a protest march in (24) \_\_\_\_\_ (RESPOND) to British (25) \_\_\_\_\_ (TAX) of all salt used by Indians. Thousands walked over 250 miles to protest against the (26) \_\_\_\_\_ (FAIR) law. In 1934 Gandhi stepped down as leader of the Congress Party and turned power over to his (27) \_\_\_\_\_ (SUCCEED) Jawaharlal Nehru. Britain's entrance into World War II brought India in without its (28) \_\_\_\_\_ (APPROVE). When Gandhi and other leaders refused to

take part in the British war effort, the (29) \_\_\_\_\_ (POLITICS) of the Congress Party were thrown into prison once again. After the war the British started (30) \_\_\_\_\_ (NEGOTIATE) with Indian leaders which led to the (31) \_\_\_\_\_ (PART) of the sub-continent. Riots and (32) \_\_\_\_\_ (VIOLENT) broke out between Hindus and Muslims in many parts of the country. In March 1947 the last viceroy, Lord Mountbatten, arrived in India to prepare (33) \_\_\_\_\_ (INDEPENDENT) and the (34) \_\_\_\_\_ (SEPARATE) of the two new countries. In August, Gandhi refused to take part in the (35) \_\_\_\_\_ (CELEBRATE) because his nation had rejected his plea for peace and (36) \_\_\_\_\_ (BROTHER). On 30 January 1948, a Hindu (37) \_\_\_\_\_ (EXTREME) shot Gandhi while he was attending (38) \_\_\_\_\_ (PRAY). The (39) \_\_\_\_\_ (ASSASSINATE) of the "Great Soul" of India sent shockwaves around the world.

## **Passive Smoking Kills 600,000 Every Year**

**Complete the text by choosing a word from the box for each blank. There are THREE words you will not need.**

active adults banning billion cancer conclusion cut  
exposed laws particles pneumonia population protect  
public quarter release strict world

According to a study carried out by the World Health Organization (WHO) passive smoking kills over 600,000 people a year, a (1) \_\_\_\_\_ of them children. The report says that there are 1.2 (2) \_\_\_\_\_ smokers worldwide. They are not only risking their own lives but the lives of non-smokers as well. Both (3) \_\_\_\_\_ and passive smoking kill almost 6 million people a year. In the year the study took place passive smoking led to almost four hundred thousand deaths from heart diseases, 150000 from respiratory infections and thousands from asthma and lung (4) \_\_\_\_\_. Children are the group that is hardest hit by passive smoking. But while in Europe only 71 died because of second-hand smoke, over 40,000 were killed in Africa. A few months ago, a report released in the US showed that more than half of American children between the ages of 3 and 11 had (5) \_\_\_\_\_ in their blood that came from



passive smoking. Most (6) \_\_\_\_\_ who smoke do so at home and in front of their children. Children whose parents smoke also have a higher risk of infections and other diseases like (7) \_\_\_\_\_ and bronchitis. About a third of all adults and 40% of all children worldwide are (8) \_\_\_\_\_ to passive smoking on a regular basis. Experts say that (9) \_\_\_\_\_ smoking in public places can help (10) \_\_\_\_\_ health care costs and lower the number of people who die through passive smoking. Studies show that (11) \_\_\_\_\_ anti-smoking laws in bars and restaurants can massively lower the number of people who smoke. Such laws can also help people quit smoking. The report comes to the (12) \_\_\_\_\_ that more needs to be done to (13) \_\_\_\_\_ non-smokers at their place of work and on (14) \_\_\_\_\_ transport. Right now only 7% of the world's population lives in areas with strict anti-smoking (15) \_\_\_\_\_.

## **Illiteracy in the Western World**

**Choose the best option for each blank.**

While many people tend to think that Illiteracy is connected to developing countries it (1) \_\_\_\_\_ into a major problem in industrialized nations too. It is (2) \_\_\_\_\_ to many other problems, such as poverty, population growth and political corruption. One (3) \_\_\_\_\_ reason for the spread of illiteracy in the western world is increased television and media (4) \_\_\_\_\_. Young people get all of their information from TV, social media and other digital publications. This method (5) \_\_\_\_\_ attaining information is more relaxing and less strenuous than reading. Another reason for increasing illiteracy is the (6) \_\_\_\_\_ that women aren't at home anymore and a growing number are engaged in the work force. (7) \_\_\_\_\_, many children are left at home unsupervised, without (8) \_\_\_\_\_ to care for them. When parents come home after a hard day's (9) \_\_\_\_\_, they are often too exhausted to spend time with their children. A lot of blame for not being able to read and write is placed on schools. Experts say that teachers are not putting enough focus on (10) \_\_\_\_\_ skills like reading and writing. Illiteracy leads to several problems, including unemployment, alcohol

and drug (11) \_\_\_\_\_. The economy of a country or regions suffers and, ultimately, the standard of living (12) \_\_\_\_\_. There are no easy solutions to this problem. However, parents need to take their (13) \_\_\_\_\_ more seriously and schools need to think about changing teaching (14) \_\_\_\_\_ and aspects of the curriculum. If this (15) \_\_\_\_\_ happen, illiteracy will become even more of a problem than it is at the moment.

1 turning has turned was turning was being turned

2 related allied shared joined

3 sharp strong only obvious

4 consumption using spending waste

5 in of for at

6 key point fact result

7 As a result Nevertheless In spite of However

8 anybody somebody nobody everybody

9 employment laboring job work

10 most basic minor chief

11 misuse use abuse usage

12 declines has declined declined has been declined

13 reliabilities possibilities opportunities responsibilities

14 methods ways paths routes

15 can't isn't doesn't won't

## Education

**Complete the sentences with the words from the box.**

blackboard - boarding school - cheat - comprehensive -  
compulsory - degree - gap – gym - headmaster - high school -  
instructions - participate – primary - public – term – timetable

1. Some students stay at a \_\_\_\_\_ the whole week and only come home at the weekend.
2. At the end of school, you might want to take a \_\_\_\_\_ year before you go to university.
3. In Great Britain most of the students attend a \_\_\_\_\_ school, a school for all pupils of the same age.
4. The teacher wrote something on the \_\_\_\_\_, but we couldn't read it.
5. In England \_\_\_\_\_ schools are actually private.
6. You are not allowed to \_\_\_\_\_ at your final exams.
7. The \_\_\_\_\_ wants to speak to you because you have broken the school rules.
8. A \_\_\_\_\_ is a list of the subjects you have every day.

9. Children attend a \_\_\_\_\_ school from 5 to 11.
10. The summer \_\_\_\_\_ lasts from the beginning of March to the end of June.
11. Before you start with the test please read the \_\_\_\_\_.
12. In America students go to a \_\_\_\_\_ from 12 to 18.
13. For physical education we have to go to the \_\_\_\_\_.
14. Not all subjects are \_\_\_\_\_, there are some you can choose.
15. You can move on to university where you can get a bachelor's or a master's \_\_\_\_\_.
16. Many students \_\_\_\_\_ in activities after school, for example drama clubs or sport.

## **Modern Day Slavery**

**Choose the best option for each blank.**

Human trafficking is one of the fastest growing illegal (1) \_\_\_\_\_ in the world, producing over 50 billion dollars of income every year. The UN (2) \_\_\_\_\_ that

20 million people from over 130 countries are victims of traffickers. They end up as prostitutes, on construction sites or farm workers. (3)\_\_\_\_\_ labor is hard to detect because enslaved people are among legal workers. Many cases go unreported because it is often difficult to (4)\_\_\_\_\_ what forced labor is. Human trafficking is not only a problem of developing countries. Men and women, adults and children around the world are (5)\_\_\_\_\_ by so-called labor recruiters who promise them employment and a new life. They are tricked into jobs from which it is difficult to escape. In most cases they give up their passports and other documents, making themselves (6)\_\_\_\_\_ on their traffickers. In general, people are trafficked from poorer areas to wealthy countries. However, sometimes people become modern-day slaves within their own country. According to a UN report, the countries most (7)\_\_\_\_\_ by human trafficking are India, Pakistan and China. The US, Japan and European countries are among the main importers of (8)\_\_\_\_\_ people. Traffickers focus on the weakest elements in our society. Children are often kidnapped and turned into child (9)\_\_\_\_\_ in Africa or brought to developed countries where they work in the sex trade. Recently,

traffickers have been (10)\_\_\_\_\_ on refugees in Middle Eastern countries, promising them work and a new life in Europe. Human trafficking does not (11)\_\_\_\_\_ in certain structures. Traffickers can be a husband and wife couple or even a large criminal organization. Two thirds of all criminals are men, but trafficking has become a popular crime for women because they earn the (12)\_\_\_\_\_ of young girls more easily. The United States and other countries around the world are working together with the International Labor Organization (ILO) to combat human trafficking. Non-governmental organizations are also (13)\_\_\_\_\_ support and hotlines for victims. More and more countries have high (14)\_\_\_\_\_ on trafficking. Governments are putting more money into the inspection of workplaces and provide legal protection for victims. While the global community is slowly realizing that human trafficking is a (15)\_\_\_\_\_ problem, there are many challenges that remain. In many countries, members of the police forces are corrupt and (16)\_\_\_\_\_ in human trafficking operations. Victims often do not come forward and seek help because they are afraid of being deported back to their

home country. In many cases they are unaware of their human rights.

1 firms businesses companies establishments

2 values quotes guesses estimates

3 forced force forcing unforced

4 define classify term describe

5 hijacked seized stolen abducted

6 depending dependent independent dependence

7 influenced disturbed affected marked

8 slavery enslaved slaved slave

9 troopers fighters regulars soldiers

10 concentrating attending strengthening fixing

11 live exist endure last

12 trust belief care protection

13 proposing suggesting advising offering

14 consequences charges penalties fees

15 head chief minor major

16 involved included contained mixed

## **Malcolm X**

**Use the words in brackets to form a new word that fits into each blank.**

Malcolm X was one of the most (1) \_\_\_\_\_

(INFLUENCE) African American leaders of the civil rights

era. He transformed himself from a minor (2) \_\_\_\_\_



(CRIME) into a powerful defender of the rights of blacks. Malcolm X was born as Malcolm Little in Omaha, Nebraska. His father was the follower of a black leader who had political and (3) \_\_\_\_\_ (ECONOMY) ties to Africa. In 1931, Malcolm's father was found dead after being run over by a streetcar. Malcolm believed white (4) \_\_\_\_\_ (RACE) were responsible for his father's death. At the age of 12 his mother was transferred to a mental hospital and Malcolm had to spend the rest of his (5) \_\_\_\_\_ (CHILD) in foster homes. During this period of his youth he became discouraged by racial prejudice (6) \_\_\_\_\_ (SURROUND) him. In 1941, Malcolm moved to Boston where he became involved in criminal (7) \_\_\_\_\_ (ACT). In 1946, he was arrested for (8) \_\_\_\_\_ (BURGLAR) and sent to prison. There he joined the Nation of Islam, or Black Muslims, an organization that regarded white people as devils. After being released from prison in 1952, Malcolm adopted X as his last name. The letter stood for the (9) \_\_\_\_\_ (KNOW) African name of slave ancestors. Malcolm X quickly became the Nation of Islam's most (10) \_\_\_\_\_ (EFFECT) speaker. He urged blacks to live separately from whites and to win their (11) \_\_\_\_\_ (FREE) "by any means

necessary." However, as time went on, he became (12) \_\_\_\_\_ (SATISFY) with the Nation of Islam, in part because the group avoided political activity. In 1964, Malcolm X broke with the organization. A short time later, he travelled to the holy city of Mecca in Saudi Arabia, where he met Muslims of (13) \_\_\_\_\_ (VARY) ethnic backgrounds. He changed his name once again and came back to the United States to found a new group, the Organization of Afro-American Unity. In the final years of his life Malcolm X took a more moderate view of civil rights issues. He sought (14) \_\_\_\_\_ (COOPERATE) with Martin Luther King, Jr., and other civil rights activists who favored non-violent protests. But by this time, some Black Muslims had condemned Malcolm X as a hypocrite and traitor because of his (15) \_\_\_\_\_ (CRITICIZE) of the group's leader, Elijah Muhammad. On February 21, 1965, Malcolm X was (16) \_\_\_\_\_ (FATAL) shot while giving a speech in New York City. Three members of the Nation of Islam were convicted of the crime. Malcolm's views reached many people after his death through the (17) \_\_\_\_\_ (PUBLISH) of his autobiography.

# **Dream Act – New Opportunities For**

## **Immigrants**

**Choose the correct word for each blank.**

In the past decades, millions of children have entered the United States illegally with their parents. Many of them have gone to school and (1)\_\_\_\_\_ high-school diplomas. However, most of them cannot move on to further college or university education because of their (2)\_\_\_\_\_ as undocumented immigrants. There has been a growing debate on what to do about illegal (3)\_\_\_\_\_ who have proved that they can be of (4)\_\_\_\_\_ to their country. In 2001 the Development, Relief and Education for Alien Minors Act (DREAM Act) was introduced as a (5)\_\_\_\_\_ in Congress for the first time. Its aim is to help undocumented youth (6)\_\_\_\_\_ legal residency in the United States. If passed, the new law would give them the right to stay in the US (7)\_\_\_\_\_ and become an American citizen. Up to today, the bill has been turned (8)\_\_\_\_\_ in Congress five times. Those opposing the act say it would pave the way for more illegal immigration into the United States. (9)\_\_\_\_\_.

DREAMers entering colleges or universities would cost the American government up to 6 billion dollars. Proponents of the bill say there are millions of new potential taxpayers who would help the country's economy and generate about 2 billion dollars in new income. Qualification If passed the law would (10)\_\_\_\_\_ DREAM status to immigrants who meet certain requirements: They must • be under 35 years of age • have arrived in the US before the age of 16 • have lived in the US for at least 5 years • have obtained a US high school diploma • have maintained a good moral character throughout their (11)\_\_\_\_\_ in the US If such a status were granted potential DREAMers would have a six-year window in which they could (12)\_\_\_\_\_ two years of college or university education or serve in the military for two years. Following that six-year period, they could (13)\_\_\_\_\_ for permanent citizenship. Of the up to 10 million undocumented immigrants in the United States, about a million would meet the (14)\_\_\_\_\_ for DREAM status. If passed the DREAM Act could change the lives of hundreds of thousands of Americans, dramatically increasing their potential earnings and giving them better (15)\_\_\_\_\_ in life.

- 1 secured earned made cleared
- 2 class grade rank status
- 3 aliens unknowns strangers residents
- 4 profit benefit support service
- 5 ruling bill law rule
- 6 pursue follow practice persecute
- 7 eternally constantly indefinitely foreseeably
- 8 around off down over
- 9 However In spite of this Nevertheless In addition
- 10 grant fund allow present
- 11 nationality citizenship residence well being
- 12 attend join pass serve
- 13 claim submit apply request
- 14 obligations requirements conditions necessities
- 15 instances occasions possibilities opportunities

## **Teaching Children About the Dangers**

### **of Alcohol**

**Use the word in brackets to form a new word that fits into each blank.**

Health and (1) \_\_\_\_\_ (MEDICINE) experts in the UK are concerned about the way alcohol issues are taught in schools and have issued a report calling for (2) \_\_\_\_\_ (IMPROVE). (3) \_\_\_\_\_ (OFFICE)

of the National Health Service suggest that children should start learning about the dangers of alcohol at an early age, (4) \_\_\_\_\_ (PREFER) between five and eight. (5) \_\_\_\_\_ (CURRENT), children in upper classes are being taught about the overall (6) \_\_\_\_\_ (BIOLOGY) dangers of drinking alcohol. However, binge drinking, and (7) \_\_\_\_\_ (EXCESS) alcohol (8) \_\_\_\_\_ (USE) is not usually covered in schools. According to the report, parents should also be involved in educating their children by taking special classes (9) \_\_\_\_\_ (FOCUS) on alcohol issues. Statistics show that, although the number of 11–15-year-olds who have never drunken alcohol has increased, those (10) \_\_\_\_\_ (YOUNG) who are drinking are consuming more alcohol than ever before. In interviews many of them admit to regular (11) \_\_\_\_\_ (GATHER), binge drinking with friends once a week.

## Gap Year

Use the word in brackets to form a new word that fits in each space.

Many students in Britain take a gap year from fulltime (1) \_\_\_\_\_ (EDUCATE) between leaving school and going to a university. Some take on jobs in shops, hotels or restaurants for a few months, in order to earn enough for an (2) \_\_\_\_\_ (EXTEND) holiday. Backpacking is a very popular and (3) \_\_\_\_\_ (ADVENTURE) but also cheap option because many students can only afford to travel on local buses and trains and stay in hostels. Australia and New Zealand, as well as India and Thailand, are (4) \_\_\_\_\_ (FAVOUR) backpacking destinations. Unpaid work on educational or (5) \_\_\_\_\_ (ENVIRONMENT) projects is another option. Opportunities range from (6) \_\_\_\_\_ (HELP) out in school classrooms to working in hospitals far away from home. There are (7) \_\_\_\_\_ (NUMBER) organizations that make (8) \_\_\_\_\_ (ARRANGE) for those who are

interested , both at home and overseas. However, while universities view a gap year as an (9) \_\_\_\_\_ (NECESSARY) break from study, other people feel that it provides students with (10) \_\_\_\_\_ (VALUE) skills. To potential (11) \_\_\_\_\_ (EMPLOY) a gap year can look good on a CV. They can see that you have spent time on (12) \_\_\_\_\_ (BROAD) your horizon and that your experiences have increased your (13) \_\_\_\_\_ (CONFIDENT) in working with people and that you are ready to take on (14) \_\_\_\_\_ (RESPONSIBLE). The (15) \_\_\_\_\_ (POSSIBLE) of taking some time off, however, has also become popular with people between 25 and 35 , who decide that they need a break from their career, travel the world, or do further studies in another (16) \_\_\_\_\_ (PROFESSION) field.



## Global Warming

Complete the text with the words from the box. There are TWO words you will not need.

alternative atmosphere average coal diseases droughts  
electricity engine environmental escape gases glaciers  
polar surface transport wind

In the 1980s, scientists found out that the (1) \_\_\_\_\_ temperature of the Earth is rising. Today, global warming is increasing because more and more (2) \_\_\_\_\_ are released into the atmosphere, which functions like a greenhouse. Light from the sun enters the atmosphere, is transformed into heat and cannot (3) \_\_\_\_\_. For a long time we didn't care about greenhouse gases. This changed when people started using more and more energy in the form of fossil fuels, like (4) \_\_\_\_\_, gas and oil. We burn this energy to power factories, run our cars, produce (5) \_\_\_\_\_ and heat our homes. Burning fossil fuels releases carbon dioxide into the atmosphere. Cutting down the world's forests has also led to climate change.

## **Effects of global warming**

Scientists have different opinions about how warm the earth's (6) \_\_\_\_\_ may get. The increase in temperatures could range from 1.5° to 6° C by 2100. Warmer weather will make ice caps and (7) \_\_\_\_\_ melt. Sea levels could rise dramatically. Extreme weather situations, like floods, (8) \_\_\_\_\_ and damaging storms will also be more common. People in colder regions might welcome warmer weather but those who live in regions that are already hot may suffer from new (9) \_\_\_\_\_. At the same time some animals may not survive because they cannot adapt to the new environment. They could travel to other places in order to live there.

## **Reducing global warming**

Finding a solution to solve the world's biggest (10) \_\_\_\_\_ problem is not an easy task. Although we need energy to make our economy grow there are things that could be done to fight this problem. Carpools or travelling by public (11) \_\_\_\_\_ could take many cars off the roads. You could turn off lights, TV sets, computers and other electrical items if you don't need them. Companies have been spending a lot of money to produce things that use little energy. We also need to use more (12)

\_\_\_\_\_ energy, like sunlight, (13) \_\_\_\_\_ power or wave power. Car companies have started to produce a new type of car known as hybrids. It works like an electric car but also has a small petrol (14) \_\_\_\_\_ .

## **Mobile Phones**

**Read the text. Think of ONE word that fits into each blank.**

Some time ago, if we wanted to call someone, we had to be at home to do so. There were public phones in the street, but it was often difficult to find (1) \_\_\_\_\_ that was working. Sometimes there were long queues before it was your turn to use them. In addition, you had to bring a lot of coins to (2) \_\_\_\_\_ for the calls. As a result, people didn't phone their friends as often (3) \_\_\_\_\_ they do today. Today's mobile phones allow us to talk with friends and family (4) \_\_\_\_\_ we are on the move. They (5) \_\_\_\_\_ dramatically changed the life we lead. Before the age of the mobile phone, parents would sit around worried when their children would be coming home. There (6) \_\_\_\_\_ no quick calls to say that there would be more guests for dinner. We left notes on fridges or

desks to communicate messages. However, mobile phones have also had a negative (7) \_\_\_\_\_ on our lives. We often don't realize that we have lost something very valuable: our privacy. Today, our friends and family can get in (8) \_\_\_\_\_ with us wherever and whenever they want to. We can never get (9) \_\_\_\_\_ from them. The way people communicate with (10) \_\_\_\_\_ other is completely different now. It's not so easy to sit in a café and have a casual conversation without (11) \_\_\_\_\_ interrupted by a phone call every few minutes. Most people don't see anything wrong in having a long conversation on their mobile phone while forgetting about the person they are sitting (12) \_\_\_\_\_ to. A solution would be to leave our mobile phones at home or turn them (13) \_\_\_\_\_ completely. But nobody does that. Most people are (14) \_\_\_\_\_ of missing something important if they don't have their phones with them at all times.

## Organic Farming

Read the text. Fill in the blanks from the word list on the right. There are THREE words you will not need.

agricultural chemical conditions controlled destroy enrich  
fed living matter nutrients offering providing rotation  
rows soil

Instead of chemicals, organic farming uses a lot of organic (1) \_\_\_\_\_ to give crops the (2) \_\_\_\_\_ that they need to grow. Clover, for example, has a lot of nitrogen in it and farmers use it to make the (3) \_\_\_\_\_ better. Manure from animals and compost are also used to (4) \_\_\_\_\_ the soil. These fertilizers also help conserve soil, not destroy it after a few years. Organic farmers also use crop (5) \_\_\_\_\_ to preserve the good qualities of soils and avoid monoculture. Chemical pesticides destroy or weaken many of the natural enemies of pests, like birds or frogs. They also can kill those insects that control a great number of pests. Organic farming creates new (6) \_\_\_\_\_ areas for wasps, bugs, beetles and flies by (7) \_\_\_\_\_ them with water

and food. Weeds are (8) \_\_\_\_\_ by using special machines. Hay, straw and wood chips are put between the (9) \_\_\_\_\_ of plants to stop weeding. Many (10) \_\_\_\_\_ products can be produced in an organic way. Meat, dairy products and eggs come from animals that are (11) \_\_\_\_\_ organically and can graze outdoors. They live in (12) \_\_\_\_\_ that are natural to them. Cows, for example, are kept in pastures and fields. Vegetables and fruit are also produced with organic methods.

## **Job Interviews**

**Read the text. Use the word in brackets to form a new word that fits into each blank.**

Most people feel rather (1) \_\_\_\_\_ (NERVE) when they go for an interview for a new job. This is not surprising because it is important to get a job you really want. People being interviewed expect the interviewers to be (2) \_\_\_\_\_ (OBJECT) , matching an applicant against a job (3) \_\_\_\_\_ (DESCRIBE). However, what often happens in reality is that the interviewers make (4) \_\_\_\_\_ (DECIDE) that are not much more than

reactions to the (5) \_\_\_\_\_ (PERSON) of the applicant. Even skilled interviewers may, without realizing it, (6) \_\_\_\_\_ (CONSCIOUS) favor people who make them feel at (7) \_\_\_\_\_ (EASY). Thus, if you go for an interview you should try to make a good (8) \_\_\_\_\_ (IMPRESS) from the start by presenting the interviewers with the very best version of yourself, emphasizing the (9) \_\_\_\_\_ (VARY) of skills you have. You must appear very positive and as (10) \_\_\_\_\_ (ENTHUSIASM) as possible. It is for you to convince the interviewers that you are (11) \_\_\_\_\_ (DEFINITE) the most (12) \_\_\_\_\_ (SUIT) person for the job.

## **Slavery in America**

**Use the word in brackets to form a new word that fits in each space.**

European (1) \_\_\_\_\_ (TRADE) brought the first slaves from Africa to the new colonies in the 1600s. After (2) \_\_\_\_\_ (ARRIVE) in the New World, they were bought by white masters and had to work on large cotton and tobacco farms in the South. They didn't get any money

for their work and (3) \_\_\_\_\_ (LIFE) conditions were very bad. The economy of the South was (4) \_\_\_\_\_ (DEPEND) on slaves. Slave work was very difficult. Most women cooked, cleaned the house and raised the children of their white masters. Men were trained to be carpenters or masons. Most of them, however, were farm (5) \_\_\_\_\_ (LABOUR) who planted and harvested crops. Not all Blacks in America were slaves. “Free Blacks” lived and worked in big American cities but they had very few rights. Expressing (6) \_\_\_\_\_ (POLITICS) views, carrying guns and (7) \_\_\_\_\_ (MEET) with white people was forbidden. Americans in the northern states thought that (8) \_\_\_\_\_ (SLAVE) shouldn’t be allowed in a free country. As time went on more and more people joined in the fight to liberate slaves. These (9) \_\_\_\_\_ (ABOLISH) helped slaves escape to the North through secret routes. This system was called the Underground Railway. In 1860 Abraham Lincoln won the (10) \_\_\_\_\_ (ELECT) and became President of the United States. He was (11) \_\_\_\_\_ (STRONG) against slavery. Many southern states withdrew from the union and formed their own country – the Confederate States of America. It was the beginning of the Civil War,



which lasted until 1865. In 1863 Abraham Lincoln abolished slavery in the Emancipation Proclamation. The northern states won the Civil War and American slaves were free.

## **Taking Part in the Olympics**

**Complete the text. Fill in the blanks from the word list on the right. There are TWO words you will not need.**

accommodates ceremony chilling competitions display highly medals national necessary offered opportunity paid part participants place qualify raised sacrifices true
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For many athletes taking (1) \_\_\_\_\_ in the Olympic Games is the peak of their career. It is an event which takes (2) \_\_\_\_\_ only every four years and athletes are prepared to do whatever is (3) \_\_\_\_\_ and sacrifice anything to make their dream come (4) \_\_\_\_\_. While few athletes have the (5) \_\_\_\_\_ to take part in Olympics twice or even three times in their life many only have a once-in-a-lifetime shot at gold, silver and bronze medals. In the months and years before the Olympics they try to (6) \_\_\_\_\_ for the games in national and international (7) \_\_\_\_\_. Once selected by their national Olympic committees they prepare with the help of

(8) \_\_\_\_\_ developed training schedules so that they can perform best when the day arrives. When athletes take part in the Olympics they stay at the Olympic Village, in itself a small town which (9) \_\_\_\_\_ thousands of athletes, coaches and officials from all over the world. They are (10) \_\_\_\_\_ training facilities, roam through souvenir shops and cafes and socialize with (11) \_\_\_\_\_ from other countries. The opening (12) \_\_\_\_\_ is an event which most describe as something really special. Thousands of athletes parade into the stadium, (13) \_\_\_\_\_ their country's flag and wear their official Olympic outfit. However, winning a gold medal is surely the most (14) \_\_\_\_\_ moment of an athlete's career, when you stand on the podium, seeing your flag (15) \_\_\_\_\_ and hearing the national anthem played. Then you finally know that all the (16) \_\_\_\_\_ made, and hardships endured in the previous years have (17) \_\_\_\_\_ off.

## Public Transport

Complete the text with ONE word that fits into each gap.

Without (1) \_\_\_\_\_ doubt, traffic is one of the main causes (2) \_\_\_\_\_ pollution. The increased use of public transport would be a good solution to the problem (3) \_\_\_\_\_ many people could be transported in few vehicles. In order to achieve this the government must (4) \_\_\_\_\_ appropriate action to get people to use buses, trains and the underground. One of the most important measures is to make public transport affordable. Some cities have already experimented (5) \_\_\_\_\_ free access to public transport for all citizens. If it (6) \_\_\_\_\_ free most people would choose to leave their cars at (7) \_\_\_\_\_, since petrol and the maintenance of a car costs a lot of money. Authorities could finance free transport (8) \_\_\_\_\_ raising taxes or charging a small fee. Cities must provide public transport (9) \_\_\_\_\_ is comfortable and convenient. Commuters must rely on precise schedules to get to work in time. Buses and trains should have WiFi access, so that people can do work (10) \_\_\_\_\_ travelling to the office. It is safe to say that if the government

(11) \_\_\_\_\_ more money on improving public transport services the majority of citizens (12) \_\_\_\_\_ change their attitude. That would (13) \_\_\_\_\_ only help combat pollution but also lead to fewer accidents on our streets.

## **Age of Adulthood**

**Read the text. Think of ONE word that fits into each blank.**

Becoming an adult is a very important phase in every person's (1) \_\_\_\_\_. However, when this happens can be very different depending (2) \_\_\_\_\_ where you live or which culture you (3) \_\_\_\_\_ from. Most countries have laws on when adolescents are allowed to do certain things. In the US, for example, adulthood starts at the (4) \_\_\_\_\_ of 16, when a person can get employment or a driving licence. Even (5) \_\_\_\_\_ American youngsters have the right to vote at 18, they can't legally drink alcohol (6) \_\_\_\_\_ they reach the age of 21. In some countries of Central and South America, girls celebrate their 15th (7) \_\_\_\_\_, which marks their rise to womanhood. Families often (8) \_\_\_\_\_ church services with their 15-year old daughters and

afterwards have parties with many guests. In Japan young men and women transfer to adulthood at 20, when they are (9) \_\_\_\_\_ to vote and drink alcohol. The Japanese even have a special day for this event (10) \_\_\_\_\_ "Coming-of-Age Day", the second Monday of January. On this day, the new adults celebrate (11) \_\_\_\_\_ their families and attend speeches given by politicians. Until recently young people in Saudi Arabia (12) \_\_\_\_\_ considered adults at the age of 15 - a time when they started showing physical signs (13) \_\_\_\_\_ becoming an adult. However, a (14) \_\_\_\_\_ years ago the country raised this age to 18.

## **Time Travel**

**Fill in the blanks from the word list on the right. There are TWO words you will not need.**

age	agency	approaching	depending	different	existence	
experience	fatal	humans	pass	popular	possibility	predictions
reality	scientists	storyline	survive	technology	traveller	
universe						

Time travel - moving between (1) \_\_\_\_\_ points in time – has been a (2) \_\_\_\_\_ topic for science fiction for decades. Films ranging from Doctor Who to Star Trek have seen (3) \_\_\_\_\_ getting into a vehicle of some sort and arriving in the past or future, ready to take on new adventures. The (4) \_\_\_\_\_, however, is much unclearer. While some scientists claim that time travel is possible others say, even if it were, it would be (5) \_\_\_\_\_ for humans to try it. For Albert Einstein, the 20th century's greatest physicist, time is relative. It does not (6) \_\_\_\_\_ equally for everyone. His theory of special relativity says that time slows down or speeds up (7) \_\_\_\_\_ on how fast you move compared with something else. (8) \_\_\_\_\_ the speed of light, a person inside a spacecraft would be much younger than his twin on Earth. In the same way, astronauts who are sent into space (9) \_\_\_\_\_ slightly slower than they would on earth. According to the American space (10) \_\_\_\_\_ NASA, there are scenarios that would make travelling back and forth in time imaginable. One (11) \_\_\_\_\_ would be through

wormholes, bridges between certain points in space and time. While theoretically possible, we do not even know if wormholes exist. In addition, we are far from creating a (12) \_\_\_\_\_ that would let us move through them. Besides the physics problem, time travel may also come with some unique situations. A classic example is the grandfather effect, in which a time (13) \_\_\_\_\_ goes back and kills his parents or his grandfather – the main (14) \_\_\_\_\_ in the Terminator movies – so that they are never born, or their life is forever changed. If that were to happen, some physicists say you would not be born in one parallel universe but still be born in another. Many (15) \_\_\_\_\_ disagree with all the above-mentioned options. They claim that time travel will never work because it is mathematically impossible. In addition, nobody could (16) \_\_\_\_\_ traveling at the speed of light. Despite these bleak (17) \_\_\_\_\_, we can still (18) \_\_\_\_\_ time travel through movies, television and books.

## How To Be A Good Student

Choose the best option for each blank.

Being a successful student can't be taken for (1) \_\_\_\_\_ . In many cases, you have to work hard to get there. Here are a few (2) \_\_\_\_\_ you will need to have success and perform well at school. First of all, you should know what kind of person you are. Look at your strengths and (3) \_\_\_\_\_. That way you will quickly find out what aspects you should concentrate (4) \_\_\_\_\_ to get better. Time (5) \_\_\_\_\_ is a very important aspect of learning life. As a student, your everyday life will tend to be very (6) \_\_\_\_\_ and organising your daily workload will surely prove to be (7) \_\_\_\_\_. Try to avoid the (8) \_\_\_\_\_ of daily life. You should work and study in places where you aren't interrupted (9) \_\_\_\_\_. Turn off mobile phones and other electronic (10) \_\_\_\_\_ when working. Study with classmates who are (11) \_\_\_\_\_ and have the same attitudes towards school as you do.



Sometimes you have to show that you are a good team player. When teachers give you (12) \_\_\_\_\_ that must be solved together you must prove that you can cooperate with others. Don't be bossy and arrogant. Being a good listener also helps, as others might have good ideas about a certain topic too. Contribute (13) \_\_\_\_\_ in order to get important work done. As a student it is important to (14) \_\_\_\_\_ life and school. You should take care of your health, get enough sleep and eat the right things. Start the day with a (15) \_\_\_\_\_ breakfast that gives you the energy you need. Getting exercise is important as it (16) \_\_\_\_\_ the brain with the oxygen and fresh air it needs to get things done.

1 decided approved granted decided

2 qualities abilities facts values

3 disadvantages faults mistakes weaknesses

4 on to over at

5 regulation organizing administration management

6 anxious stressful nervous worried

7 beneficial useless cooperative caring

8 distractions anxieties confusions intervals

- 9 easiness ease easily easy  
10 instruments tools machines devices  
11 stable independent reliable offensive  
12 missions assignments jobs duties  
13 reactions solutions keys results  
14 balance settle calculate steady  
15 modest correct proper usual  
16 delivers offers gives provides

## **World's Coral Reefs in Danger**

**Use the word in brackets to form a new word that fits into each blank.**

A recent study shows that the world's coral reefs have been showing signs of strong bleaching due to global (1) \_\_\_\_\_ (WARM). In the 1980s bleaching was a rare (2) \_\_\_\_\_ (OCCUR) which came about every 25 years. Now the rate has risen to about once every five years. (3) \_\_\_\_\_ (ENVIRONMENT) predict that by 2050 bleaching will happen every year or two. Bleaching is caused when warm water breaks down the algae inside the reefs. They provide food

for the corals and keep them (4) \_\_\_\_\_  
(HEALTH). When algae fall off, corals suffer a (5)  
\_\_\_\_\_ (LOSE) of colour and can die  
within a short period of time. Even if the water (6)  
\_\_\_\_\_ (SURROUND) the reefs gets  
colder again it may take years for the damaged reefs to  
recover (7) \_\_\_\_\_ (COMPLETE). While  
bleaching is especially a problem in the waters of the  
Caribbean Sea and Western Atlantic, reefs around Australia  
and South Africa have hardly been hit. In (8)  
\_\_\_\_\_ (ADD) to the warming temperatures of  
the oceans, coral reefs are also (9) \_\_\_\_\_  
(DANGER) by (10) \_\_\_\_\_ (POLLUTE)  
and overfishing. Coral reefs are an important ecosystem.  
They are home to 25% of all marine species and provide a  
habitat for (11) \_\_\_\_\_ (COUNT) types of  
fish. Reefs protect (12) \_\_\_\_\_ (COAST)  
regions from flooding and tidal waves. Coral reefs are also  
tourist (13) \_\_\_\_\_ (ATTRACT) that lure  
millions of people every year. The tourist industry around the  
Great Barrier Reef in Australia, for example, is worth about 5  
billion dollars a year.

## The Ice Bucket Challenge

Fill in the blanks from the word list on the right. There are **TWO** words you will not need.

activity affected athletes awareness challenged craze cure  
disorder donate dump funds illness movement muscles  
participants promote public received spread successful suffer  
viral

The Ice Bucket challenge is an (1) \_\_\_\_\_ in which people (2) \_\_\_\_\_ a bucket of ice water on someone's head to (3) \_\_\_\_\_ the awareness of a disease called ALS, a (4) \_\_\_\_\_ which kills neurons and leads to the destruction of (5) \_\_\_\_\_ in your body. It results in speaking, swallowing and breathing problems and, ultimately, death. There is no (6) \_\_\_\_\_ for ALS and life expectancy for those suffering from the disease is only a few years. The hype around the Ice Bucket Challenge started out towards the end of 2013 and went (7) \_\_\_\_\_ on social media during the summer of 2014. The (8) \_\_\_\_\_ started when Pete Frates, a Boston college baseball player, was diagnosed with ALS. Pete started to fight the disease in his own way, by making it (9)

\_\_\_\_\_ on TV and other media. One of Pete's friends introduced him to the ice-bucket challenge. As Pete couldn't do it himself, he called for others to do it for him. At first, (10) \_\_\_\_\_ all over Boston were taking part. As the (11) \_\_\_\_\_ spread, celebrities, politicians and many other people took part in order to make the public aware of the illness and raise (12) \_\_\_\_\_. The Ice Bucket challenge has been a (13) \_\_\_\_\_ campaign with millions of videos circulating on Facebook and YouTube. By using social media platforms, it has (14) \_\_\_\_\_ across the world like no other movement before it. The rules of the challenge are quite simple. Within 24 hours of being (15) \_\_\_\_\_ by someone, (16) \_\_\_\_\_ must record a video of themselves pouring ice water over their head. While many individuals see the challenge as a fun event, some take it seriously and actually (17) \_\_\_\_\_ money to the ALS foundation or some other charity. The ALS association is reported to have (18) \_\_\_\_\_ over \$ 100 million dollars during the summer months of 2014. Before the challenge public (19) \_\_\_\_\_ of ALS was limited. Hardly anyone knew about the disease, because it (20) \_\_\_\_\_ very few people – about 2 per 100,000.

## The Civil Rights Movement

Fill in the blanks from the word list on the right. There are TWO words you will not need.

abolished arrested beliefs boycott campaign citizens constitution  
discriminated discrimination encouraged facilities protected  
races refused separated signed skin slavery

Throughout American history, various groups of citizens have fought for rights that the American (1) \_\_\_\_\_ gave them. The civil rights movement in the United States is about the fight of African Americans. Because of their (2) \_\_\_\_\_ color, they did not have the same rights that white people did for a long time. This injustice towards African Americans led to a time of social unrest. In the 1950's and 1960's, blacks rose up to fight against the social systems and authorities that had taken these rights away from them. Many whites supported their (3) \_\_\_\_\_. After the Civil War (1861-65), slavery was (4) \_\_\_\_\_, and African Americans were free. However, there was so much prejudice against blacks that laws were passed which (5) \_\_\_\_\_ blacks from whites in public and made them second-class (6) \_\_\_\_\_. The modern civil rights

movement began in the 1950s. In 1955, a black woman in Alabama, Rosa Parks, (7) \_\_\_\_\_ to give her seat on a bus to a white man. For this act of protest, Parks was (8) \_\_\_\_\_. Blacks no longer wanted to "sit at the back of the bus," and started a (9) \_\_\_\_\_ of the bus system. They chose a young minister, Dr. Martin Luther King, Jr., to lead their protest. The Montgomery boycott was very important for African Americans. It (10) \_\_\_\_\_ them to protest for civil rights in other cities as well. Dr. King spoke out on radio and television programs and urged blacks to take part in non-violent protests. On August 28, 1963, more than 200,000 Americans of all (11) \_\_\_\_\_ gathered at the Lincoln Memorial in Washington, D.C. Their goal was to urge the government to take action against racial (12) \_\_\_\_\_ and segregation. At this event, Dr. King surprised the nation with his famous "I Have a Dream" speech. On July 2, 1964, President Lyndon B. Johnson (13) \_\_\_\_\_ the Civil Rights Act. It forbade discrimination based on a person's race, color, national origin, religious (14) \_\_\_\_\_, or sex. It (15) \_\_\_\_\_ every citizen's right to use public (16) \_\_\_\_\_, get employment, and to vote in elections.

## Health and Medicine

Complete the sentences using a word from the box for each blank.

alleviate - antibiotics - blood - breakdown - care -  
consciousness - cure - discharged - flu - illnesses -  
infectious - migraine - perform - prescription - recovery -  
respond - runny - through - upset - wear

1. The Red Cross has urged the population to give \_\_\_\_\_ whenever possible.
2. Dr. Jones was the best surgeon able to \_\_\_\_\_ such a difficult operation.
3. If you're on \_\_\_\_\_ you shouldn't drink any alcohol.
4. Take aspirin three times a day. It will help \_\_\_\_\_ the pain.
5. After being treated for over three weeks, he was \_\_\_\_\_ from hospital yesterday.
6. Doctors in developing countries often don't have enough supplies to treat severe \_\_\_\_\_.



7. The patient hasn't regained \_\_\_\_\_ yet, so we'll have to wait and see what happens next.

8. Everyone in the family has gone down with the \_\_\_\_\_.

9. The injury was pretty bad, but the doctors expect him to make a full \_\_\_\_\_.

10. Many patients don't \_\_\_\_\_ to such an aggressive treatment.

11. The disease was highly \_\_\_\_\_, so they put everyone into quarantine.

12. When the painkillers start to \_\_\_\_\_ off, you'll feel soreness back.

13. This is the second nervous \_\_\_\_\_ she's had this year.

14. Dad got an \_\_\_\_\_ stomach because he probably ate some spoilt food.

15. Up to now, research hasn't found a \_\_\_\_\_ for the disease.

16. I got the \_\_\_\_\_ from my doctor, so I went to the next pharmacy to get the pills.

17. She's only got a \_\_\_\_\_ nose and a sore throat, otherwise she's OK.

18. Her situation was so critical that she had to spend a few days in intensive \_\_\_\_\_.

19. She suffers from \_\_\_\_\_, especially when the weather changes a lot.

20. Although the patient is still in critical condition the doctors expect him to pull \_\_\_\_\_

## **The Giant Panda**

**Choose the correct word or phrase for each blank**

The giant panda is a bear that lives in central China. It is special because of its black and white fur. Pandas belong to the most (1) \_\_\_\_\_ species of our world. About 2000 pandas live in the wilderness and 300 live in (2) \_\_\_\_\_ zoos around the world. Recently, there have been (3) \_\_\_\_\_ in many countries to save the

giant panda. The animal has been driven away from its natural habitat because of deforestation, intensive farming and the creation of new (4) \_\_\_\_\_. The giant panda can reach a height of up to 1.5 meters and weigh up to 150 kg. Pandas have bodies like bears, but scientists do not know why they grow a thick black and white (5) \_\_\_\_\_. It keeps them warm during the cold winter months and the white color protects them from possible enemies in the snow-covered mountains in which they live. Pandas have large teeth, which they need to eat bamboo, their (6) \_\_\_\_\_ food. Because it is low in nutritional value it does not give pandas much energy to move around for longer periods of time. Giant pandas can live up to 20 years in the wilderness and 30 years in zoos. They start (7) \_\_\_\_\_ between 4 and 8 years of age. When panda cubs are born, they are very tiny, only about a thousandth the size of the mother, and blind. Like all mammals, they get their food from their mother, whom they stay with for up to three years before being able to (8) \_\_\_\_\_ alone. Pandas have been an important (9) \_\_\_\_\_ throughout history. They first became known in the western world during the middle of the 19th century. In the 1960s, the Chinese government (10)

\_\_\_\_\_ it had to do something to protect the giant pandas from becoming (11) \_\_\_\_\_. Since then they have set up 40 reserves in which the animals are protected. In the 1970s, pandas played a role in the opening of Communist China to the west. They were sold to zoos in other countries. Today, about 45 pandas live in zoos outside China. Zoologists are putting millions of dollars into (12) \_\_\_\_\_ the animals in captivity. When they get older, they are released again into their natural habitat.

1 endangered danger endangered dangerous

2 various range often fewer

3 elections campaigns operations battles

4 settlements settle settlers settling

5 wool hair skin fur

6 basic important first major

7 copying producing reproducing repeating

8 last outlive continue survive

9 nature species kind sort

10 moved realized gathered achieved

11 extinct dead vanished disappeared

12 making keeping breeding creating

## A Healthy Lifestyle

Fill in the blanks with words from the box. There are **THREE** words you will not need.

Affects	attacks	chemicals	cholesterol	diet	disease	
doses	effects	energy	gentle	healthy	heart	mood
physical	pressure	protect	reduce	reward	weight	

Scientists around the world agree that the key to staying \_\_\_\_\_ and keeping fit is to eat less and do \_\_\_\_\_ exercise such as walking or cycling. However, people who exercise too intensively often \_\_\_\_\_ themselves by spending the rest of the day in front of the TV set. At the same time, they have to eat more to give them \_\_\_\_\_ for the next workout. To avoid gaining \_\_\_\_\_, researchers suggest that going for a longer walk or riding a bike for a few hours may actually be better than high-energy exercise. A low-fat \_\_\_\_\_ may be good for your waistline, but research suggests it may have negative psychological \_\_\_\_\_. Medical experts have found out that volunteers who followed a strict twenty-five percent fat diet reported feelings of depressions and bad \_\_\_\_\_. Many of us already know that drinking coffee

raises your blood \_\_\_\_\_ but according to the latest studies, it too, can make you bad-tempered. Mice that were given regular \_\_\_\_\_ of caffeine by researchers turned out to be more aggressive than others. On the other hand, chemicals found in tea can \_\_\_\_\_ the risk of heart \_\_\_\_\_ and have a positive effect on \_\_\_\_\_ levels and high blood pressure. If you're a chocolate fan, there's good news for you! Recent studies have revealed that \_\_\_\_\_ found in chocolate can not only put you in a good mood but also \_\_\_\_\_ you from a variety of minor illnesses including colds, coughs, depressions and even help reduce the risk of \_\_\_\_\_ disease.

## **Caffeine – A Stimulant For Our Body?**

**Fill in the blanks from the word list on the right. There are THREE words you will not need.**

although	amount	anxious	average	avoid	beverages
boost	consume	diabetes	diseases	energy	familiar
harm	physical	producers	protect	raise	rate
regular	respond	studies	substance	suddenly	symptoms

You are drinking lots of cola at a party, when it \_\_\_\_\_ hits. You are full of energy, you jump around, and you talk too fast. Later on, you can't fall asleep and the next day you're tired and feel awful. Does that sound \_\_\_\_\_? Most children already have lots of energy, but those who drink a lot of cola often end up even more wired than others. The beverage includes a lot of sugar but also a \_\_\_\_\_ that produces a lot of energy - caffeine. Like cola, coffee is also full of caffeine. That's why many grown-ups drink it the first thing in the morning to help them wake up. The chemical is naturally found in tea, chocolate and hot cocoa. Many people need this kick, so food producers often add it to many other \_\_\_\_\_ and snacks. But is caffeine good or bad for us? Some \_\_\_\_\_ show that caffeine might help people \_\_\_\_\_ to things more quickly. Scientists have found out that caffeinated coffee and tea can help protect your heart, brain and other organs from certain \_\_\_\_\_. On the other hand too much caffeine can make people \_\_\_\_\_ and unable to sleep. This is worrisome because we need sleep to stay healthy. Caffeine may also \_\_\_\_\_ your blood pressure, increase your

heart \_\_\_\_\_ and make you feel more stressed. Love it or hate it, caffeine is hard to \_\_\_\_\_. Coffee shops are all over the place, in city streets and malls. Machines offer coffee and cola at schools. Even though you can get caffeine-free coffee, tea and cola almost everywhere more than 80 % of adults in America \_\_\_\_\_ caffeine regularly. Caffeine raises the \_\_\_\_\_ of sugar in your bloodstream, even if there is no sugar in your caffeinated drink. That's what gives you extra energy. although amount anxious average avoid beverages boost consume diabetes diseases energy familiar harm physical producers protect raise rate regular respond studies substance suddenly symptoms [www.english-practice.at](http://www.english-practice.at)

Taking caffeine away from \_\_\_\_\_ users causes withdrawal \_\_\_\_\_, like headaches and sleepiness. It also makes them react more slowly. So, when you give these people the caffeine that they need they do better and react more quickly. Many athletes take caffeine to \_\_\_\_\_ their energy levels. Studies show however that caffeine only helps those athletes who are in good \_\_\_\_\_ shape already. In an experiment runners had to run at a very fast



pace. On \_\_\_\_\_, they were able to run for about 32 minutes. After taking caffeine they ran 7 to 10 minutes longer. \_\_\_\_\_ caffeine may be good for world class athletes, it may \_\_\_\_\_ the health of people who are overweight. For some it may even lead to \_\_\_\_\_. In the end a cup of coffee or a can of cola once in a while is okay, but don't overdo it!

## Teatime

**Think of ONE word that fits into each blank.**

Tea is one of the world's (1) \_\_\_\_\_ popular beverages. According to a legend, it originated in China thousands of years (2) \_\_\_\_\_, when leaves from a tea bush fell (3) \_\_\_\_\_ a hot water pot of the Chinese emperor. At first, only wealthy British families (4) \_\_\_\_\_ able to afford drinking tea, which was brought from India by merchants and traders. Some people even locked it up to prevent it from (5) \_\_\_\_\_ stolen. There are many ways to drink tea. (6) \_\_\_\_\_ most people just drink their tea pure, others add milk or a lemon. The most common forms are black and green tea. Vanilla or fruit flavoring (7) \_\_\_\_\_ often

added to tea to give it a special taste. Some people brew their tea in convenient tea bags, others pour boiling (8) \_\_\_\_\_ over crushed tea leaves. Tea drinking has a long tradition in Britain. Every Briton (9) \_\_\_\_\_ about 5 cups of tea per day, or about 1,700 cups a year – the largest per capita consumption in the (10) \_\_\_\_\_. Traditional afternoon teatime goes (11) \_\_\_\_\_ to the 19th century. Many families celebrate this custom in an exclusive way, with expensive china and silver spoons. Tea has a stimulating effect (12) \_\_\_\_\_ your body, because it contains (13) \_\_\_\_\_ caffeine than coffee. It is great for those who are afraid of putting on too much (14) \_\_\_\_\_ as it has only 4 calories per cup.

## **The Bermuda Triangle**

**Choose the best option for each blank.**

Even though you won't find it on a (1) \_\_\_\_\_, the Bermuda Triangle is a very real place. In the past there have been many stories of disappearing ships, planes and people. Although there is a (2) \_\_\_\_\_ explanation for many incidents, some are still a mystery. The Bermuda Triangle is (3) \_\_\_\_\_ off the coast of Florida between Miami,

Puerto Rico and the Bermudas. It covers about 500 000 square miles of the Atlantic Ocean. It is also known as the Devil's Triangle because Bermuda was once called Islands of the Devils. The coasts around the island are (4) \_\_\_\_\_ by dangerous reefs that ships ran into throughout the centuries. (5) \_\_\_\_\_ events around the area go back to the voyages of Christopher Columbus. He sometimes reported that compass readings were wrong. Many journalists have tried to prove that a number of (6) \_\_\_\_\_ and unusual things have happened in the region. Some cases show that there are no explanations for them. One of the best-known incidents is the disappearance of Flight 19 during a training exercise of the US Navy. In December 1945 five American bombers left Fort Lauderdale, Florida on a routine mission. 14 crew members (7) \_\_\_\_\_ after sending several radio messages. When a rescue plane went to (8) \_\_\_\_\_ for the Navy bombers it also vanished. What went wrong during the mission is not fully known. Compasses showed wrong directions and visibility was bad, so the flight leader decided to navigate by landmarks which he saw (9) \_\_\_\_\_. Then there was a (10) \_\_\_\_\_ storm and radio contact broke off. Wrecked parts of Flight 19 have never

been recovered. Ships have also disappeared in the Bermuda Triangle. Among them is the Mary Celeste, an American merchant ship. In 1872 the ship was sailing from New York to Genoa but was later found off the (11) \_\_\_\_\_ of Africa without any crew members on board. Although there is no evidence that the Mary Celeste even entered the Bermuda Triangle there are many who connect its mysterious disappearance with the area. [www.english-practice.at](http://www.english-practice.at) There are many theories about why so many airplanes and ships have disappeared in the Bermuda Triangle. Some suggest that there are special magnetic fields that cause (12) \_\_\_\_\_ physical forces. Others say that the lost continent of Atlantis sank in the region causing mysterious events. There is even a theory about unknown chemicals in the waters of the Atlantic. Some experts, however, point (13) \_\_\_\_\_ that the region north of the Caribbean is not as (14) \_\_\_\_\_ as it may seem. It is one of two places on Earth where the compass points to the geographic North Pole. It is also a region in which the (15) \_\_\_\_\_ is unpredictable and where storms can emerge quickly. There are strong currents because of shallow places and deep trenches in the ocean. These factors can (16)

\_\_\_\_\_ even experienced sailors. Over 1,000 people were killed in The Bermuda Triangle during the 20th century. Scientists have concluded that this figure is normal, and most disappearances have a logical explanation. The myth of the Bermuda Triangle, however, remains.

1 card map diagram plot

2 reasonable moderate cheap normal

3 placed sited found located

4 bordered surrounded bounded limited

5 frequent unusual common funny

6 emergencies mistakes accidents troubles

7 disappeared withdrew passed away faded

8 search seek find research

9 under below underneath at the bottom

10 quick rapid instant sudden

11 coast beach seaside water

12 famous well known unknown ordinary

13 in up for out

14 protected safe harmful careful

15 weather climate condition surrounding

16 complicate confuse amaze combine

## The Apollo Moon Landing

Choose the best option for each blank.

50 years ago, on July 20th, 1969, Apollo 11 astronauts Neill Armstrong and Buzz Aldrin became the first humans to (1) \_\_\_\_\_ their foot on the moon. The United States had won the space race with the Soviet Union. After (2) \_\_\_\_\_ from Kennedy Space Centre in Florida on July 16th the lunar module Eagle landed on the moon's (3) \_\_\_\_\_. Four days after the lunar landing Apollo 11 successfully splashed down in the Pacific Ocean. The race to the moon began in 1962 when President John F Kennedy (4) \_\_\_\_\_ that America would land a man on the moon by the end of the decade. In the following years, the American space agency NASA received large amounts of government (5) \_\_\_\_\_ in order to achieve a lunar landing. The Apollo spacecraft consisted of the command and service module, (6) \_\_\_\_\_ the lunar landing module that would bring two astronauts to the moon's surface and take off again to successfully dock with the command module. A (7) \_\_\_\_\_ rocket, the Saturn V, was built to

escape from Earth's orbit. NASA's space program (8) \_\_\_\_\_ a catastrophic setback in 1967 when three Apollo astronauts died in a fire (9) \_\_\_\_\_ practicing on the ground at Cape Kennedy. About 600 million people around the world watched the (10) \_\_\_\_\_ moon landing. Neill Armstrong's first words on the moon are among the most (11) \_\_\_\_\_ in history: "One small step for man, one giant leap for mankind". All in all, the Apollo program sent 9 spacecraft to the moon in the 60s and 70s. Six of them (12) \_\_\_\_\_ astronauts on the lunar surface. About 400 kilos of lunar rock were collected and brought back to earth. 50 years after the first moon landing events all across the US have been organized to celebrate this historic and technological (13) \_\_\_\_\_ .

1 lay locate set put

2 taking off to take off take off took off

3 floor level ground surface

4 spoke out declared posted published

5 income spending donating funding

6 as well as in addition such as and even

7 distinct hard strength powerful

8 tolerated suffered stood felt

9 through whenever while during

10 ancient historic important major

11 famous unknown decided marked

12 were landing have landed landed were landed

13 invention discovery development achievement

## **Personality Adjectives**

**Complete the sentences with an adjective from the box.**

active – bossy – considerate – doubtful – fair – greedy – loyal - mature – nervous – obedient – responsible - secretive
---

1. I hate our headmaster. She's a very \_\_\_\_\_ person who orders everyone around.

2. The judge was \_\_\_\_\_ to both sides, so everyone was happy.

3. I feel very \_\_\_\_\_ before a test.

4. Maurice is a very \_\_\_\_\_ young man for his age. He never fools around and is always serious.



5. The only one I can talk to when I have problems is my friend Judy. She's very \_\_\_\_\_.

6. The robber looked at the money in front of him with \_\_\_\_\_ eyes.

7. Dad never wants us to find out what he's doing. He's always so \_\_\_\_\_.

8. The boys were so \_\_\_\_\_. They do everything their parents tell them to.

9. She does judo, plays tennis and goes skiing in the winter. She really is a very \_\_\_\_\_ young lady.

10. When mom is out, I am \_\_\_\_\_ for my younger brother.

11. He has never won a match against his opponent so he is rather \_\_\_\_\_ that he can win this time.

12. We are very \_\_\_\_\_ supporters of the team and even go to the stadium when they lose.

## Personality Adjectives

Complete the sentences with an adjective from the box.

adventurous - ambitious - busy - efficient - fussy – grateful –  
humorous - imaginative – independent – loving - restless –  
unwilling

1. That boy is the most \_\_\_\_\_ student in our school. He can never sit still and always plays with something.

2. Josh is a very \_\_\_\_\_ person. He likes to go hiking and explores new places.

3. Maria is a \_\_\_\_\_ wife who always cares for her husband and children.

4. Our son is very \_\_\_\_\_. He does everything on his own and rarely needs our help.

5. Jack is very \_\_\_\_\_ about the food he eats, so be careful about what you serve for dinner.

6. We can't persuade him to take action. He's so \_\_\_\_\_ to do anything about the problem.

7. Could you call me later on? I'm rather \_\_\_\_\_ at the moment.

8. I am a very \_\_\_\_\_ person who wants to climb the career ladder as quickly as possible.

9. My sister is a very \_\_\_\_\_ writer. She writes fantastic stories that keep you interested.

10. We have one of the most \_\_\_\_\_ teachers in school. He tells us jokes almost every day.

11. John is a very \_\_\_\_\_ person. He seems to get everything done in very little time.

12. I'm very \_\_\_\_\_ for your support. It has helped me a lot.